



**April to June 2024**

The establishment of TDC was inspired by a clear vision—to serve humanity by delivering comprehensive, world-class treatment for a disease that continues to threaten millions of lives. In just over a decade, we have been able to reach and treat vast numbers of patients, avert life-threatening complications, and restore hope to families across Pakistan. The prevalence of diabetes in Pakistan is escalating at an alarming pace, highlighting the urgent need for a unified response from all stakeholders—healthcare professionals, philanthropists, policymakers, and the wider community. The Diabetes Centre has proven that international standards of medical care can be delivered while upholding compassion, dignity, and affordability.

### **Education, Early Detection, Preventing Diabetes**

The Diabetes Centre has initiated a free diabetes screening programme at Islamabad Model School G-9/2, the first of 18 camps planned across government schools in the capital. This campaign, running until 31st May, 2024 seeks to promote early detection and healthier lifestyles among children, fostering long-term community well-being.





As part of its school-based health initiative, the Diabetes Centre (TDC) organized a free diabetes screening camp at Islamabad Model School F-10/2, aimed at raising awareness of Type 1 diabetes among schoolchildren, parents, and teachers while promoting early detection

### Free Cardiology Consultations at G-8

Dr Ahmed Khan, a distinguished Interventional Cardiologist from Australia, generously provided free consultations at our G-8 facility, reflecting our mission of compassionate, accessible healthcare.



Their presence served as a profound source of encouragement and reaffirmed their enduring commitment to our mission of delivering quality, accessible diabetes care.

### Supporters' Visit from TDC Australia

We were honoured to welcome Mr Mustafa Chaudhry, Member of the Board of Directors and Patron-in-Chief of TDC Australia, together with Mr Rauf Chaudhry, a distinguished donor and steadfast supporter, during their visit to The Diabetes Centre today.



### Advancing Knowledge, Enhancing Care

The Diabetes Centre hosted an educational session on SGLT2 inhibitors, highlighting empagliflozin's role in diabetes and cardiovascular care, reaffirming its commitment to advancing medical education and patient outcomes.



### Leadership Visit by ICT-ESSI

The Diabetes Centre was honoured to host Ms Rabia Auranzaib, Commissioner ICT-ESSI, who toured the hospital's facilities and observed its integrated approach to diabetes care. Her visit reaffirmed support for TDC's mission of delivering patient-centred services, preventive outreach, and



accessible, high-quality healthcare.

### Strategic Partnership with CECOS University

The Diabetes Centre (TDC) and CECOS University Peshawar have signed an MoU to strengthen diabetes awareness, research, and healthcare delivery. The collaboration includes exclusive healthcare discounts for students and faculty, along with internship opportunities at TDC to foster practical learning and community impact.



### Distinguished Visit from Growth Junction

The Diabetes Centre (TDC) was pleased to host Mr Suleman Ansar Khan, Director of Growth Junction, Dubai, who received a

detailed briefing on the Centre's mission, services, and initiatives in diabetes care. His tour of the hospital's state-of-the-art facilities provided an opportunity to exchange insights and explore future avenues of collaboration.



### Vision Care Awareness Session

The Diabetes Centre hosted an eye health awareness session led by Miss Zameen, who highlighted the risks of diabetic complications such as retinopathy, cataracts, and glaucoma, while stressing the importance of early detection and regular check-ups. The session reflected TDC's commitment to holistic diabetes care by empowering patients with practical knowledge to protect their eyesight and overall well-being.



## Hospital on Wheels Launch



With the grace of the Almighty and the generous support of donors, The Diabetes Centre (TDC) has launched its much-anticipated “Hospital on Wheels” (HOW) project, a mobile healthcare initiative designed to deliver essential diabetes care directly to underserved and remote communities across Pakistan. Fully equipped with diagnostic tools, consultation spaces, pharmacy support, and staffed by trained professionals, the mobile unit provides screening, education, and treatment services free of charge, overcoming geographical and financial barriers that often prevent timely care. By conducting household-level screening, the HOW project enables early detection of diabetes and pre-diabetes, educates entire families on preventive health practices, and fosters a culture of wellness at the community level. In addition, data collected through these screenings will support evidence-based public health planning, while the presence of empathetic medical teams builds trust and empowers communities.

