

ANNUAL REPORT 2020-2021



A company set up under section 42 of the
Companies Act, 2017

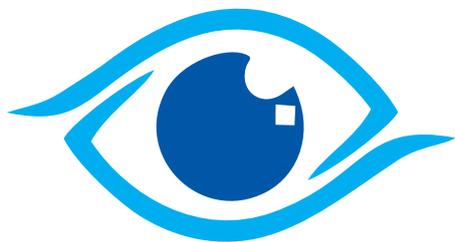
Reaching New Heights
TOGETHER



Table of Contents

- TDC's Vision, Mission and Policy Statement
- Chairman's and CEO's Message
- TDC World Wide
- Network of Branches
- Our Journey So Far
- TDC Board of Directors
- Our Doctors
- TDC's Major Collaborations
- Our Registrations and Certifications
- TDC - An ISO Certified Hospital
- TDC Laboratories Certification by CAP, USA
- Burden of Diabetes
- TDC State-of-the-Art Services
- TDC Milestones
- Medical Camps and Awareness Sessions in 2020-2021
- International and Local Trainings for Staff
- COVID-19/Diabetes Vulnerability Response Plan
- World Diabetes Day 2020
- Agreements in 2020-2021
- TDC Opens Tobacco Cessation Clinic in Collaboration with WHO and Health Ministry
- TDC's Major Events
- TDC Launches Facilitation Clinic in G-8 Markaz, Islamabad
- TDC Now in Lahore
- Financial Highlights

TDC's Vision, Mission and Policy Statement

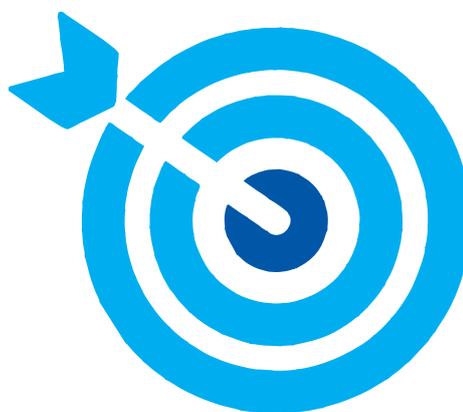


OUR VISION

A World Without Diabetes
& its Complications

OUR MISSION

To be recognized as a global leader improving the lives of people with diabetes, irrespective of their ability to pay, through medical care, education, research, innovation and advocacy for cure and prevention of the disease.



Policy Statement

TDC is determined to reduce the diabetes-related complexities by providing: continuous medical care through multifactorial risk-reduction strategies including glycemic control, ongoing patient self-management education, and support in preventing diabetic patient from critical and acute complications and reducing the risk of long-term complication. Moreover, compliance with legal, applicable requirements and continual improvement of the healthcare management system is our mandate.



Chairman's Message

The Diabetes Centre (TDC), has taken on the challenge of dealing with the epidemic of diabetes sweeping through Pakistan, and believes that we have a significant role to play in diabetes awareness, education, and health care delivery. We are not only pursuing excellence in our mission but are also working to become a voice for change. Our strategic plan maps the surest route to this end.

We intend to be a more responsive, accountable, and transparent organization that offers comprehensive services to fight and beat diabetes by developing the capacity to train caregivers (physicians, nurses, medical technicians, dietitians) in appropriate ways, and enabling all methods of educating the patient and the public at large. The Diabetes Centre is here to serve the public good. We are certain that through the mercy of The Most Merciful, we will be able to fulfill our mission in the service of our compatriots.

With enthusiasm,
Dr. Asjad Hameed
Chairman BOD, The Diabetes Centre.



CEO's Message

Keeping in view a huge burden of diabetes in Pakistan, a not-for-profit hospital was established to provide international standard care for diabetes and its related complications under one roof regardless of the patients' social and economic backgrounds. I am proud to say that TDC, Pakistan's first specialized diabetes hospital, has served more than 200,000 patient visits since its inception in 2012, with 64% of the patients getting free diagnostic and treatment facilities. At TDC, we have a committed team of highly qualified clinical and non-clinical staff.

After over 9 years of success in Islamabad, TDC is expanding to other cities by establishing specialized diabetes hospitals. In this connection, we are building a full-fledged hospital in Lahore. I am quite confident that our generous donors and supporters will always stand by us in the noble cause of serving the ailing humanity.

Our aim is to be the Centre of Excellence for Research in Diabetes. With consistent improvement in our skills and infrastructure such as the establishment of COVID-19 Vaccination Centre and TDC's Research and Development Centre, we are looking forward to achieving greater horizons, and reaching new discoveries and innovations.

Best Regards,
Tahir M. Abbasi
CEO & Member BOD, The Diabetes Centre.



**TDC
Worldwide**



TDC Pakistan

The Diabetes Centre, Pakistan is a not-for-profit organization registered under section 42 of the companies act 2017 of Pakistan and certified by Pakistan Centre of Philanthropy (PCP).



TDC USA

TDC USA is a registered charity organization in Washington state in the U.S. EIN- 47 -5252417, UBI- 603-547-359. We are a 501(c) organization that has a tax exemption status in the USA.

TDC USA sponsors The Diabetes Centre Pakistan to provide world class health services to diabetes patients irrespective of their ability to pay.



TDC UK

TDC UK is a registered charity organization (Charity Registration Number: 1151904) under the UK charity commission of England & Wales.

TDC UK sponsors The Diabetes Centre Pakistan to provide world class health services to diabetes patients irrespective of their ability to pay.

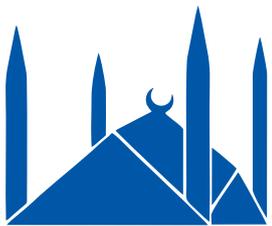


TDC Australia

TDC is a "Registered Australian Body" in the state of Victoria, Australia with registration No. 626451591.

TDC Australia, a non-profit organization that sponsors the dialysis centre operations of TDC Pakistan, a state-of-the-art & not-for-profit hospital.

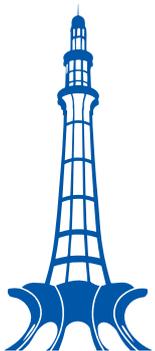
TDC's Network of Branches



Islamabad

The Diabetes Centre
Phulgran Stop, Near Toll Plaza,
Murree Expressway, Islamabad.

G-8 Clinic
Crescent Arcade, G-8
Markaz, Islamabad.



Lahore

Lahore Clinic
19 Kamran Block, Wahdat Road,
Allama Iqbal Town, Lahore.

TDC Lahore Hospital
Defence Road, Near DHA,
Lahore. (In progress)

Our Journey So Far



Over 27 million Pakistanis aged 20 years and above are affected by diabetes. In non-communicable diseases, diabetes was the 4th leading cause of total number of deaths in Pakistan in 2019, while overall it was the 8th leading reason for deaths in the country, according to the USA-based Institute for Health Metrics and Evaluation (IHME).

In World Health rankings, Pakistan falls in the 2nd most dangerous category in terms of the rate of deaths caused by diabetes with 39.62 deaths per 100,000 people. The figures reveal that 1 in every 4 Pakistanis over the age of 20 is stricken with this diabetes and a lot of them are unaware of its symptoms. The situation becomes even more dreadful when it involves alarming figures of poverty and lack of health awareness in the country. As per the latest poverty estimates, 24% of our population is living below the poverty line. The combination of disease and poverty is deadly and it calls for exceptional and immediate actions to protect the distraught people of Pakistan.

Keeping in view the huge prevalence of diabetes in Pakistan, Dr. Asjad Hameed, Chairman of TDC's Board of Directors, made up his mind to put an end to the miseries of diabetic patients by establishing a state-of-the-art hospital in Pakistan to provide complete diabetes care to patients under one roof irrespective of their ability to bear their treatment expenses.

Dr. Asjad, along with his family and friends, opened a small clinic at Phulgran near Murree Expressway Toll Plaza in Islamabad in 2012. Dr. Asjad's untiring efforts started yielding positive results and he was able to create a network of like-minded people who joined hands with him to take up this paramount challenge.

Paving the way for the execution of the hospital building plan, Mr. Tahir Abbasi, CEO and Member of TDC's Board of Directors, generously donated 10 Kanal of land to the hospital in Phulgran, Islamabad, and other well-wishers of TDC donated millions of rupees to cover construction, equipment, and operational costs.

The ground-breaking of Pakistan's first complete diabetes hospital's building took place in 2014 and the hospital

building was inaugurated in 2018. TDC has also opened a centre in Lahore in September 2018, which is delivering out-patient services to diabetes patients, irrespective of their ability to pay. TDC has also launched The Diabetes Centre Clinic at Crescent Arcade, G-8 Markaz, Islamabad in January 2021. G8 clinic is successfully serving patients suffering from diabetes and its related complications. Foreign-qualified doctors and trained staff are providing World-Class diagnostics and treatment facilities to patients. TDC is registered as a non-profit company under section 42 of the Companies Act 2017 of Pakistan. The hospital functions under an autonomous Board of Directors having professionals with the highest moral and professional integrity.

Along with the daycare diabetes clinic, TDC offers specialized diabetes care for diabetic foot, eyes, kidneys (Dialysis), heart, pregnancy, and male health. Other advanced services include clinical laboratory, pharmacy, emergency room, and radiology with modern equipment, health education, cutting-edge technology, and well-trained and experienced human resources.

The hospital has served more than 205,000 patients so far, out of which 64% of patients' treatment was free of cost. The rest of the patients paid for their treatment. All proceeds from the affluent paying patients are spent on the treatment of deserving patients.

TDC's state-of-the-art laboratory, certified by the College of American Pathologists, USA, has performed a record of over 184,000 tests in the year 2019-20. Conducting over 6,000-foot procedures, TDC's advanced Foot Care Clinic has saved more than 2,350 feet from amputation. The hospital has also performed about 24,000 Fundo Scans and around 15,000 Pedo Scans successfully.

A dynamic team of specialist doctors and support staff under able management and dedicated BODs is delivering the best possible services.

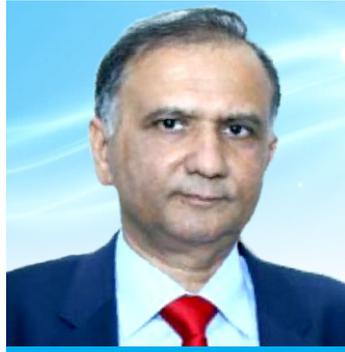
TDC is also focusing on educating the masses by regularly setting up free medical camps and awareness sessions at various locations within the country. A highly informative campaign on how to prevent and combat the disease is also being run through social media platforms.

TDC is sharing the burden of government hospitals and creating an important socio-economic impact. This is evident from the rapid growth in the number of new patients seeking appointments every month.

The substantial contributions of local and international philanthropists, charities, and corporate entities in the form of zakat and general donations have so far made TDC's journey a success. TDC is geared up to ensure accurate and powerful diagnostics and treatments for patients to set a new benchmark in the healthcare sector of Pakistan.

TDC has established Tobacco Cessation Clinic in collaboration with WHO and Ministry of Health in May, 2021 and also opening Covid-19 Vaccination and Research Centre.

Board of Directors



Dr. Asjad Hameed
Chairman BOD



Tahir M. Abbasi
CEO & Member BOD



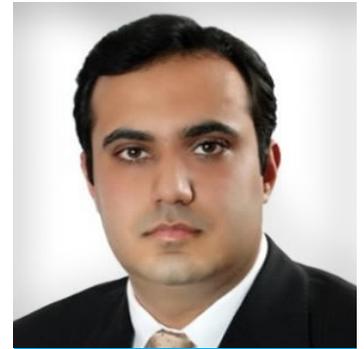
Mr. Mahmood Moosa
Member BOD



Mr. Ehtesham Uddin
Member BOD



Mr. Murad Ali Khan
Member BOD



Mr. Mohammad Dabeer Rasul
Member BOD



Dr. Nuzhat Hameed
Member BOD



Mr. Khawaja Shaiq Tanveer
Member BOD



Dr. Imran Mirza
Member BOD



Mr. Shafqat Ali Malik
Member BOD

TDC functions under an autonomous board of directors consisting of professionals with the highest moral and professional integrity.

TDC Chairman, CEO and all board members are providing their services voluntarily without charging a single penny to the hospital.

Our Doctors



Dr. Abdul Hafeez
Consultant Foot Surgeon
/Medical Head



Dr. Nuzhat Hameed
Diabetologist



Dr. Adil Akhtar
Diabetologist



Dr. Nasreen Naveed
Diabetologist



Dr. Yasir Waheed
Diabetologist



Dr. Mudasser Iqbal
Diabetologist



Dr. Sonia Bakhtiar
Diabetologist



Dr. Ajmal Osman
Diabetologist



Dr. Abdul Azeem Khan
Diabetic Foot Specialist



Mr. Kamran Saleem
Consultant Orthotist



Ms. Shaista Kamran
Consultant Orthotist



Dr. Muhammad Fayyaz
Consultant Radiologist



Brig. Dr. Nadir Ali SI (M)
Consultant Pathologist



Dr. Shahzad Saeed
Consultant Ophthalmologist
/Vitreous Retinal Surgeon



Dr. Hamid Aziz
Diabetologist



Dr. Bilal Habib
Diabetologist



Dr. Shaista Riaz
Diabetologist

TDC's Major Collaborations



Ministry of National Health Services,
Regulations and Coordination,
Government of Pakistan
(NHSR&C)

Ministry of National Health Services, Regulations
and Coordination, Government of Pakistan (NHSR&C)



METROPOLITAN CORPORATION
ISLAMABAD

Directorate of Health Services, Metropolitan
Corporation Islamabad (DHS, MCI)



Rawalpindi Chamber of Commerce
and Industry (RCCI)



Islamabad Bar Association
(IBA)

TDC's Major Collaborations



**World Health
Organization**

World Health Organization
(WHO)



ICRC

International Committee of Red Cross
(ICRC)



INFECTION
PREVENTION
AND CONTROL
FOUNDATION

Infection Prevention and Control Foundation
(IPAC Foundation)

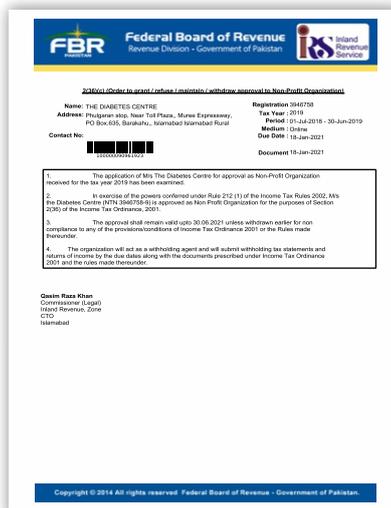


The Diabetic Association of Pakistan

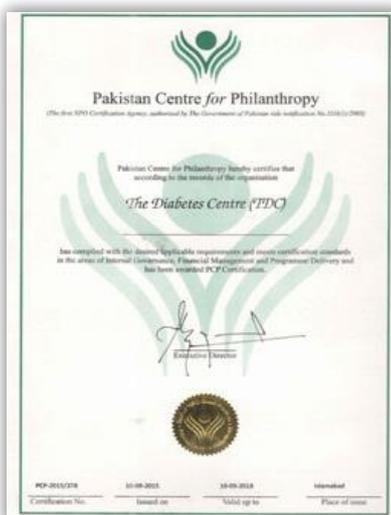
Our Registrations & Certifications



Certificate of Incorporation
Security and Exchange
Commission of Pakistan



Certificate of Tax Exemption
Federal Board of Revenue



Certificate of Accreditation
Pakistan Centre for Philanthropy

Our Registrations & Certifications



Certificate of Registration
ISO 9001-2015



Certificate of Recognition
College of American Pathologists - USA



Certificate of Participation
College of American Pathologists - USA



Certificate of Shariah Compliance
Al-mostaqeem Business Consultant

TDC - An ISO Certified Hospital

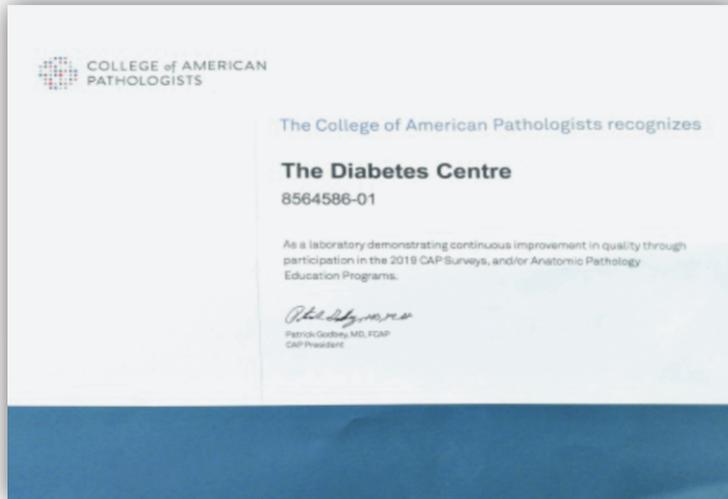


Due to its strong commitment to global best practice, The Diabetes Centre successfully obtained ISO Certification in January 2021 after completing all stages of audit for the certification.

The objective of these audits was to determine TDC's readiness for the certification. A certification body's auditors reviewed the hospital's management system documented information, evaluated the site-specific conditions, and had discussions with management and staff members to ascertain the level of quality standards that are being followed in TDC. After rigorous process of auditing, the auditing body declared TDC ready to obtain ISO certification.

TDC CEO Tahir M. Abbasi expressed on this occasion that it is part of TDC's core values to maintain the highest quality in all aspects of patient care and the hospital will continue to improve its quality standards all the time.

College of American Pathologist, USA, Certifies TDC Laboratories



With an aim to continually enhance the quality of patient care, The Diabetes Centre (TDC)'s Clinical Laboratories ventured to achieve validation from the prestigious College of American Pathologists (CAP), USA, and Alhamdulillah got recognized for its continuous quality improvement and higher standards of care for patients.

CAP is the Gold Standard in clinical testing. TDC management believes that quality lab investigations are vital for the correct diagnosis and prognosis of disease.

The management said it is satisfying that the lab results' reliability, acquired through a comprehensive quality-control mechanism, is recognized by CAP. The recognition from College of American Pathologists, USA, verifies that the lab results from TDC Clinical Laboratories are accurate, reliable and at par with international quality standards.



Burden of Diabetes

Diabetes World-wide

463
Million
People
World-wide



Expected to
go up to
700 Million
by
2045

10% of Global
Health Budget is
Spent on
Diabetes



50% of Adults
with Diabetes
are Undiagnosed

About 232.5
Million

According to International Diabetes Federation

Diabetes Pakistan

26.2% males
and
26.3% females
in Pakistan
suffer from
Diabetes



Numbers
Continue to
Rise

Pakistan is placed
at No. 4 among the
countries That are
most vulnerable to
Diabetes



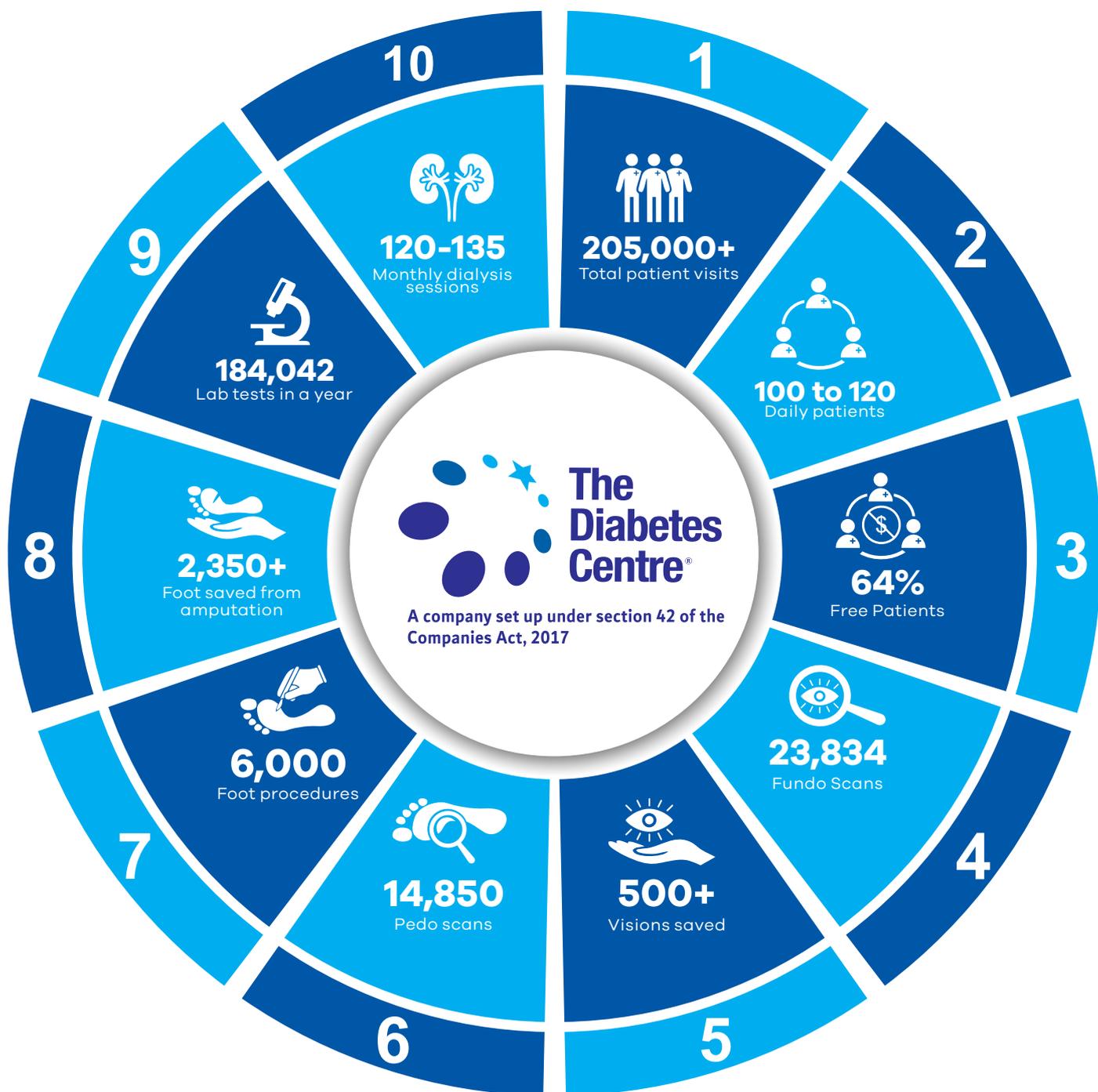
Pakistan is
among the
countries with
low diabetes
spending per
diabetic

As per 2nd National Diabetes Survey of Pakistan 2016-17

TDC State-of-the-Art Services

-  Diabetes/Endocrinology Consultations
-  Foot Care Clinic
-  Eye Care Clinic
-  Kidney Care Clinic & Dialysis Centre
-  Cardiac Care Clinic
-  Male Health Care Clinic
-  Pregnancy Care Clinic
-  Tobacco Cessation Clinic
-  Education Centre
-  Laboratory & Radiology
-  Pharmacy
-  Emergency Centre

TDC Milestones



 Female Patients: 54%

 Male Patients: 46%

Medical Camps and Awareness Sessions in 2020-2021



Medical and Screening Camp at Hotel Margala
(July 7-8, 2021)



Medical Camp at East West Insurance Company
(June 29, 2021)



Diabetes Screening Camp at Hotel Ramada
(June 24, 2021)



Medical Camp at Islamabad Bar Association
(June 15-16, 2021)



Free Medical Camp at G-8 Markaz, Islamabad
(March 15, 2021)



Medical Camp at National Highways and Motorway Police Office, Murree Expressway
(November 11, 2020)

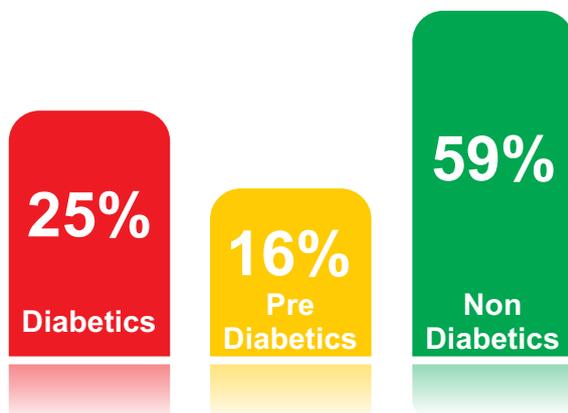


Free Medical Camp at Alfarabi Islamic School and College
(November 7, 2020)

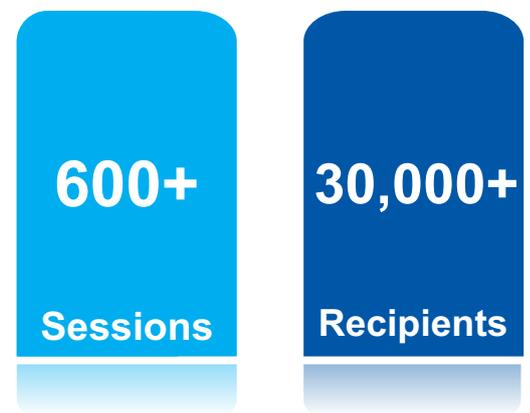


Medical and Screening Camp at Mobilink
(February 25, 2020)

Diabetics and Pre Diabetics Diagnosis During Screening Camps



Diabetes Awareness for Prevention and Effective Management



International and Local Trainings for Staff

Internal Audit Training Against ISO 9001:2015 (Session 1)	August 6, 2020
Kaizen - 5S Training	September 1, 2020
Finance Policy Awareness Session	September 9, 2020
Diabetes Education Program	Nov 2020 to Mar 2021
International Training on Diabetes	Nov 2020 to Feb 2021
Internal Audit Training Against ISO 9001:2015 (Session 2)	February 9, 2021
Pedo Scan Training and Demonstration	February 23, 2021
ISO 9001:2015 Awareness	March 2, 2021
Community Awareness Project Training	March 15, 2021
International Educational Lecture for Kidney Care Staff	April 29, 2021
Renal Disease and Its Dietary Management	May 4, 2021
CKD and Drug Therapy	May 4, 2021
Infection Control Training	May 28, 2021
Hand Hygiene Protocol	May 28, 2021
Cold Chain Training	June 8, 2021
PPE Training	June 24, 2021

TDC Staff Receiving International Training Aimed at Improved Patient Service



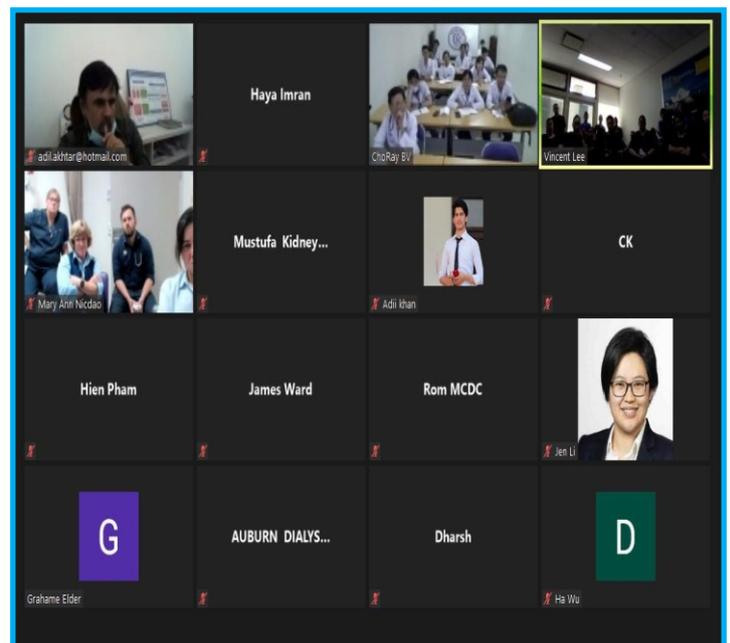
The Diabetes Centre's Management and Board of Directors always keep finding new ways to strengthen TDC team with latest technology, equipment and knowledge through advanced trainings. In this connection, TDC arranged a series of high value training sessions for its staff. A very competent and reputed International Trainer Prof. Dr. Aftab Ahmed delivered the training. Starting from the first week of November 2020, the training sessions continued until February 2021. Prof. Dr. Aftab has been associated with Imperial College London Diabetes Center (ICLDC) as Senior Consultant and Adjunct Professor since 2018. Prior to this, Dr. Aftab was the Clinical Sub-Dean for undergraduate medicine and honorary Senior Lecturer at Liverpool University, U.K., for more than 10 years. He has done Research Doctorate in Medicine from Liverpool University, U.K., with extensive novel publications in the most prestigious and reputable diabetes and endocrine journals around the world with H-index of 16. TDC staff members attended the training

with enthusiasm, as the sessions were very interactive and interesting. Dr. Aftab's method of imparting training was so captivating and engaging that the partakers mostly found themselves glued to their seats until the end of training and question/answer session. "Alongside refreshing our already acquired knowledge, these sessions opened up new avenues for us to learn and implement fresh knowledge and skills for better patient services," Former Head of Medical Departments Dr. Wasiq Zafar Abbasi said after attending first couple of sessions. Haya Imran from TDC's Marketing and Communication Department expressed that, "I am from a non-clinical department, but these sessions provided me a lot of useful information about the basics of healthcare and diabetes and I believe this is very important knowledge to have as a worker in a healthcare setup." Dr. Asjad Hameed, Chairman TDC BOD, Tahir M. Abbasi, CEO and member BOD, and Dr. Nuzhat Hameed, Member BOD and Consultant Diabetologist, took active part in the training sessions.

TDC Organizes International Educational Lecture for Kidney Care Staff

The Diabetes Centre, Pakistan, in collaboration with TDC Australia arranged an advanced level international educational lecture on Hemodialysis for the hospital's Kidney Care Clinic staff. Vincent Lee from Australia delivered the lecture on April 29, 2021, which was attended by a large number of healthcare professionals online from Australia and Pakistan.

The lecture session was focused on imparting the latest knowledge about dialysis, and sharing clinical updates and information about advanced treatment options for kidney patients. During the session, new techniques of better patient care and safety during dialysis were also discussed. The participants said that the lecture was very informative for them. They thanked TDC management for arranging such useful sessions for them. TDC CEO Tahir M Abbasi expressed that the Hospital Management and Board of Directors are determined to providing special training and development opportunities to clinical and nonclinical staff for ensuring improved patient care at TDC.





Purpose:

At the back of Corona virus outbreak and the resultant lockdown in the twin cities, TDC management decided to launch telemedicine services for diabetes patients so that their health and safety are not compromised.

COVID-19/Diabetes Vulnerability Response Plan Partners:

International Committee of the Red Cross (ICRC) joined hands with TDC and they initiated COVID-19/Diabetes Vulnerability Response Plan to serve needy diabetes patients in the difficult time. ICRC partially funded the campaign and TDC offered its expertise and human and other resources for providing telemedicine services to the needy patients.

Scope:

TDC management decided to provide free teleconsultation facility and delivery of medicines to deserving patients at their doorsteps during COVID-19 and lockdown. The plan was to provide teleconsultation to diabetes patients from across Pakistan and free medicines to patients in Islamabad, Rawalpindi division, Lahore, Khyber Pakhtunkhwa and Azad Jammu and Kashmir.

Targeted Beneficiaries:

Beneficiaries are the people suffering from diabetes and its complications including Diabetic Kidney Disease with added problems due to the Coronavirus outbreak and lockdown. They are mainly the registered TDC patients from across the country as well as diabetes patients identified by partners and other reliable sources.

Modes of Medicine Delivery:

TDC implemented direct delivery at doorstep and delivery in the hometown, nearby residence, modes on its own and adopted joint service-delivery arrangements with governmental bodies like with Islamabad Administration,

Rawalpindi District Health Office and Health Services Department, Government of AJK.

Patient Education Materials:

Packs of medicines for diabetes patients also included educational/awareness material on the Coronavirus safety precautions as well as guidelines regarding better management of the disease, diet/nutrition, life style and medication/insulin management.

Project Proceedings:

For this purpose, TDC team gathered the patients' contact numbers and sent them an SMS about our new offering. Also, advertised it on social media and Website. We explained patients about the free telemedicine services and how they can make the best use of the opportunity, particularly during the lockdown.

We developed field teams who went to serve people on ground in all parts of Islamabad, Rawalpindi division, Lahore, KPK and AJK.

As part of the campaign, TDC collaborated with DC Islamabad Office, CEO of Rawalpindi District Health Authority, Health Ministry of AJK and many others to distribute free medicines packs to the needy people suffering from diabetes and its complications during lockdown due to COVID-19 outbreak.

We reached out to over thousands of patients via phone calls to offer free teleconsultation and medicine services. Also, more than 50,000 people have been approached via SMS service and thousands of people are being informed about the services through social media and website posters.

Patient Satisfaction:

Patients, being in trouble due to the Coronavirus and lockdown, were quite relieved upon receiving free medicines. Almost all of them were struggling and worried. They appreciated TDC and ICRC's efforts for them.



world diabetes day 14th november

TDC conducted an awareness walk and a cycle rally as part of its World Diabetes Day 2020 Awareness Campaign, which focused on appreciable role of nurses in diabetes prevention and effective management. A big number of government officials, government and private sector nurses, doctors, patients and people from various occupations participated in the campaign.

The hospital's awareness campaign included free diabetes screening camps, awareness sessions, and dissemination of educational materials. TDC also offered 14% discount on all TDC services, including lab tests and medicines, to paying patients from the start of November 2020 through November 14, 2020. Deserving patients kept getting free treatment facilities as usual.

The walk was held at TDC on Murree Expressway, while the cycle rally took place on Jinnah Avenue from Centaurus Mall to Faisal Mosque. The main objective of TDC's World Diabetes Day campaign was to raise awareness in communities along with diagnostic and treatment facilities.

Highlights of World Diabetes Day 2020 Campaign



Group Photo of TDC CEO along with guests of honor on World Diabetes Day



CEO TDC addressing the audience on World Diabetes Day



Guests at World Diabetes Day 2020



Dr. Nuzhat Hameed, Member TDC BOD & CEO TDC presenting shield to Muhammad Aftab Ahmed, Project Manager Smoke Free Islamabad



Diabetes Awareness Cycle Rally on World Diabetes Day



Free Diabetes Awareness and Screening Camp on World Diabetes Day



Participants of Diabetes Awareness Walk on World Diabetes Day



Group photo of cycle rally participants with CEO TDC

Agreements in 2020-2021



LOI with Ministry of National Health Services, Regulations and Coordination, Government of Pakistan (NHSRC)
(September 2, 2020)



LOU with Directorate of Health Services
(January 26, 2021)



MOU with Rawalpindi Chamber of Commerce and Industry (May 4, 2021)



MOU with Islamabad Bar Association
(June 9, 2021)



MOU with Salaam Takaful
(July 5, 2021)



MOU with Tehreek-e-Jawanan Pakistan
(June 1, 2021)



MOU with Abasyn University
(August 18, 2021)



MOU with Kulsum International Hospital
(March, 2021)

TDC, Ministry of Health, WHO making combined efforts against tobacco use

The Diabetes Centre and the Ministry of National Health Services, Regulations & Coordination, Government of Pakistan, (NHSRC) signed a Letter of Intent (LOI) on September 2, 2020, in a ceremony held at the hospital. Under the LOI, the ministry of health will provide progressive support to TDC for already established Tobacco Free Zone by World Health Organization (WHO).

The LOI will serve as a landmark agreement towards achieving sustainable development goals in Pakistan's context by offering tobacco cessation services, creating awareness regarding hazards of tobacco use and its adverse impacts on Nation's economy and environment, observing tobacco control laws at TDC, encouraging research and home to home campaign for a common goal towards a tobacco free next generation and a prosperous, developed country.

Dr. Nausheen Hamid, Parliamentary Secretary for the ministry of NHSRC, was the chief guest who appreciated TDC's efforts for taking practical steps to implement regulations of smoke free zone in full letter and spirit to stop people from indulging in risky behaviors like smoking. She added that the ministry will continue to provide its support to TDC.

Tahir M. Abbasi, TDC CEO, and Dr. Minhaj-us-Siraj, Project Director, Ministry of NHSRC, signed the Letter of Intent and expressed that they are very eager to work together for the betterment of the nation in every possible way. Muhammad Aftab Ahmad, Project Manager, Strengthening Tobacco- Smoke Free Cities, ministry of NHSRC, was also present on this occasion.

TDC CEO stated that the hospital is pleased to enter into LOI to save people, especially the diabetes patients and younger generation from the hazards of smoking as it is doubly dangerous of the diabetics and adds to the complexities of the disease.

Dr. Minhaj-us-Siraj and Tahir Abbasi resolved to keep working together for a long-term to lower the burden of disease related to tobacco-use.





TDC Opens Tobacco Cessation Clinic in Collaboration with WHO and Health Ministry



TDC opened Tobacco Cessation Clinic in a graceful ceremony held on May 29, 2021, making combined efforts with World Health Organization (WHO) and Ministry of National Health Services, Regulations & Coordination Islamabad (NHSRC) against tobacco use.

TDC, in collaboration with the Ministry of Health and the WHO, has already achieved the status of a tobacco-free zone last year.

Tahir M. Abbasi, CEO TDC, stated that the Clinic would provide tobacco eradication services along with raising awareness of the dangers of tobacco use, and its negative impact on the nation's economy and environment.

Dr. Palitha Gunarathna Mahipala, WHO Representative in Pakistan, was the chief guest who appreciated TDC's efforts for implementing regulations of smoke free zone in full letter and spirit and for establishing Tobacco Cessation Clinic to stop people from indulging in risky behaviors like smoking.

He added that WHO will continue to provide its support to TDC's Tobacco Cessation Clinic.

Other notables included Dr. Samra Mazhar, Deputy Director (P-II), Ministry of NHSRC; Shahzad Alam Khan, WHO's National Professional for NCDs and Tobacco Control; Muhammad Aftab Ahmad, Project Manager, Tobacco Smoke-free Capital Project, ministry of NHSRC; and Khurram Hashmi, Technical Advisor, The Union.

Chairman TDC Board of Directors Dr. Asjad Hameed told audience that tobacco smokers are 30% to 40% more likely to develop type 2 diabetes than nonsmokers. He added that the use of tobacco could also make it harder to manage diabetes and its related complications because high levels of nicotine may reduce the effectiveness of insulin.

TDC, World Health Organization (WHO) and ministry of health officials resolved on this occasion to keep working together for a long-term to lower the burden of diseases related to tobacco-use.

TDC, RCCI ink MOU to raise awareness for prevention, control of diabetes



The Diabetes Centre (TDC) and Rawalpindi Chamber of Commerce & Industry (RCCI) signed a Memorandum of Understanding (MoU) on May 4, 2021, to work together to raise awareness about diabetes and provide effective diabetes care to the community. CEO TDC Mr. Tahir M. Abbasi and President RCCI Mr. Nasir Mirza signed the MoU and exchanged the documents. Executive members, senior managers, vice presidents and team leads from both sides were present at the MoU signing ceremony.

TDC offered special discounts on consultation fee, lab tests and other medical facilities for RCCI members. TDC is Pakistan's first specialized diabetes hospital that provides World Class medical care for diabetes and its all complications under one roof.

On this occasion, Mr. Nasir Mirza said that RCCI is

looking forward to a productive and wonderful partnership with TDC, adding that the Chamber of Commerce is signing the MoU for the convenience of its members particularly so that they could get quality health care and treatment facilities at affordable rates.

Mr. Tahir Abbasi expressed that in view the increasing number of diabetes patients in Pakistan, TDC keeps raising awareness for promotion of preventive measures along with providing World Class diabetes care to the patients. Both organizations also agreed to conduct a series of medical camps to raise awareness about diabetes in a bid to reduce the burden of disease in the country.

TDC signs MOU with Islamabad Bar Association



TDC and Islamabad Bar Association (IBA) signed a Memorandum of Understanding on June 8, 2021, to work together to raise awareness about diabetes and to provide effective diabetes care to the community. Mr. Tahir M. Abbasi, CEO TDC, and Mr. Farid Hussain Kaif, President IBA, signed the MoU. Farzana Faisal, Vice President of IBA and other senior members of IBA were present on this occasion. TDC offered special discounts on consultation fee, lab tests and other medical facilities for the IBA members. TDC is Pakistan's first specialized diabetes hospital that

provides World Class medical care for diabetes and its all complications under one roof.

As part of its efforts to reduce the burden of diabetes in Pakistan, TDC successfully conducted a free medical/diabetes screening and awareness camp for Islamabad Bar Association members at F-8 Markaz, Islamabad, on June 14 and 15, 2021.



TDC's Major Events



Parliamentary Secretary, Ministry of Climate Change, President RCCI & CEO TDC at Tree Plantation Activity



CEO TDC presenting souvenir to Dr. Samra Mazhar, Deputy Director (P-II), ministry of NHSRC, upon her visit to TDC



CEO TDC presenting souvenir to Naseer Memon, General Manager Sindh Engro Mining Coal Company, upon his visit to TDC



Group Photo of Type-1 Diabetes Challengers with former cricketer Waseem Akram



Munazza Gillani, Country Director Sightsavers, visited TDC



TDC Australia participated in Sydney Ramadan Festival 2021

TDC's Major Events



CEO TDC presenting souvenir to Pir Syed Adil Gilani, Mayor of Islamabad, on inauguration ceremony of The Diabetes Centre Clinic at G-8 Markaz, Islamabad



CEO TDC attending National Action Plan for Non-Communicable Diseases and Mental Health



Mr. Omar Nadeem, a humanitarian and an esteemed TDC donor, visited TDC on October 24, 2020



Dr. Ejaz Ahmad Khan, Associate Professor at Health Services Academy, Islamabad, visited The Diabetes Centre on October 22, 2020

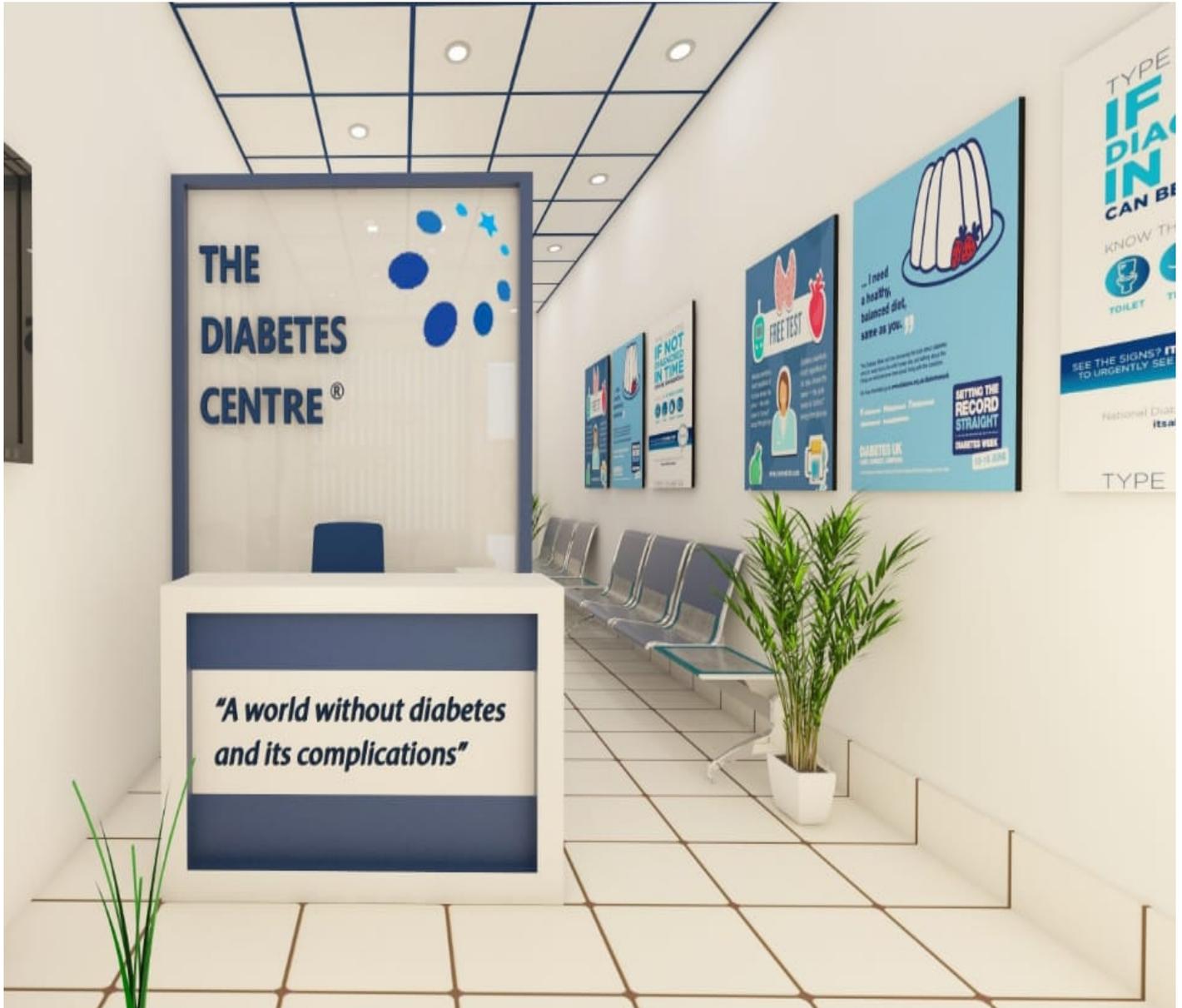


TDC Management appreciating top performers



CEO TDC giving free education material and medicines to deserving patients during Ramadan 2021

TDC Launches Facilitation Clinic in G-8 Markaz, Islamabad



The Diabetes Centre has launched its Facilitation Clinic at Crescent Arcade, G-8 Markaz, Islamabad, with an aim to serve a larger number of diabetes patients by enabling them to have access to World Class diagnostic, treatment, educational and rehabilitative facilities related to diabetes and its complications alongside providing effective consultations and diabetes education, TDC G-8 Clinic offers a complete range of diagnostic lab tests at affordable rates with quick and reliable test results.

TDC laboratory is recognized by College of American Pathologists, USA, for its high quality standards. Situated in the heart of Islamabad, TDC G-8 Clinic provides an easy access to those who are unable to visit The Diabetes Centre at Phulgrah Stop, Near Toll Plaza, Murree Expressway, Islamabad.

TDC plans to open more such Facilitation Clinics in Islamabad and other cities to make its state-of-the-art services available to more people living with or at risk of diabetes. With foreign-qualified doctors and trained staff, modern technology, latest equipment and visionary leadership, TDC is on track to serve patients suffering from diabetes and its associated problems in the best possible way to enable them to lead a better life for a brighter future.

TDC Now in Lahore

The Diabetes Centre has been providing World Class services to diabetes patients in Lahore since 2018, saving many feet from amputations. Currently, active services at TDC Lahore Clinic are Diabetes Daycare Clinic, Health Education, Foot Care Clinic, Pedo Scan, Pharmacy, and Laboratory. Along with cutting edge equipment and technology, TDC Lahore has highly trained doctors and qualified support staff who have helped thousands of patients in managing diabetes and in avoiding its complications like eye, foot, kidney or heart diseases.

Patient Visits:	16,234
Registered Patients:	3,788

After Successful 9+ Years of Healthcare Delivery in Islamabad and 2+ Years in Lahore Clinic

The Diabetes Centre is Establishing State-of-the-Art Hospital Now in Lahore

at Defence Road, Near DHA, Lahore



Financial Highlights



Yousuf Adil
Chartered Accountants

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INDEPENDENT AUDITOR'S REPORT

To the members of The Diabetes Center

Report on the Audit of the Financial Statements

Opinion

We have audited the annexed financial statements of The Diabetes Center (the Company), which comprise the statement of financial position as at June 30, 2020, the statement of Income and expenditure, the statement of other comprehensive income, statement of changes in funds, the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies and other explanatory information, and we state that we have obtained all the information and explanations which, to the best of our knowledge and belief, were necessary for the purposes of the audit.

In our opinion and to the best of our information and according to the explanations given to us, the statement of financial position, the statement of Income and expenditure, the statement of other comprehensive income, statement of changes in funds and the statement of cash flows together with the notes forming part thereof conform with the accounting and reporting standards as applicable in Pakistan and give the information required by the Companies Act, 2017 (XIX of 2017), in the manner so required and respectively give a true and fair view of the state of the Company's affairs as at June 30, 2020 and of the surplus, other comprehensive income, the changes in funds and its cash flows for the year then ended.

Basis for Opinion

We conducted our audit in accordance with International Standards on Auditing (ISAs) as applicable in Pakistan. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Company in accordance with the International Ethics Standards Board for Accountants' *Code of Ethics for Professional Accountants* as adopted by the Institute of Chartered Accountants of Pakistan and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter

We draw attention to note 1.4 to the financial statements, which describes the status of registration process with Economic Affairs Division of Pakistan. Our opinion is not modified in respect of this matter.

Information Other than the Financial Statements and Auditor's Report Thereon

Management is responsible for the other information. The other information includes the director's report, but does not include the financial statements and our auditor's report thereon. The director's report was not made available for our review.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Financial Highlights



Yousuf Adil
Chartered Accountants

In connection with the audit of financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based in the work we have performed, we conclude that there is a material misstatement of this information, we are required to report that fact. We have nothing to report in this regard.

Responsibilities of Management and Board of Directors for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with the accounting and reporting standards as applicable in Pakistan and the requirements of Companies Act, 2017(XIX of 2017) and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

Board of directors are responsible for overseeing the Company's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs as applicable in Pakistan will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs as applicable in Pakistan, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such

Financial Highlights

 **YOUSUF ADIL**

Yousuf Adil
Chartered Accountants

disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the board of directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

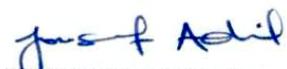
We also provide the board of directors with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on our independence, and where applicable, related safeguards.

Report on Other Legal and Regulatory Requirements

Based on our audit, we further report that in our opinion:

- a) proper books of account have been kept by the Company as required by the Companies Act, 2017 (XIX of 2017);
- b) the statement of financial position, the statement of income and expenditure, the statement of comprehensive income, statement of changes in funds and the statement of cash flows together with the notes thereon have been drawn up in conformity with the Companies Act, 2017 (XIX of 2017) and are in agreement with the books of account and returns;
- c) investments made, expenditure incurred and guarantees extended during the period were for the purpose of the Company's business; and
- d) No Zakat was deductible at source under the Zakat and Ushr Ordinance, 1980 (XVIII of 1980).

The engagement partner on the audit resulting in this independent auditor's report is Shahzad Ali.


Chartered Accountants

Islamabad

Date: *January 11, 2021*

Financial Highlights

**THE DIABETES CENTRE - TDC
STATEMENT OF FINANCIAL POSITION
AS AT JUNE 30, 2020**

	Note	2020 -----Rupees -----	2019
ASSETS			
Non - current assets			
Property and equipment	4	368,030,653	343,425,967
Intangible assets	5	2,646,070	4,531,997
Security deposit		168,750	-
		370,845,473	347,957,964
Current assets			
Stock	6	9,493,075	10,428,765
Prepayments, accrued interest and other receivables	7	7,265,633	4,099,685
Investment	8	10,000,000	10,000,000
Cash and bank balance	9	23,337,443	89,576,939
		50,096,151	114,105,389
TOTAL ASSETS		420,941,624	462,063,353
Less: Liabilities			
Trade and other payables	10	7,841,365	2,182,001
Less: Non current liabilities			
Deferred government grant	11	87,153,269	93,738,161
NET ASSETS		325,946,990	366,143,191
Funds			
Accumulated surplus fund		66,834,584	63,736,021
Restricted Fund - Zakat		-	53,065,846
Restricted Fund - Building		252,987,406	243,216,324
		319,821,990	360,018,191
Surplus on revaluation of Land	4	6,125,000	6,125,000
		325,946,990	366,143,191
Contingencies and commitments	12		

The annexed notes 1 to 24 form an integral part of these financial statements.



CHIEF EXECUTIVE OFFICER




DIRECTOR

Financial Highlights

**THE DIABETES CENTRE - TDC
STATEMENT OF INCOME AND EXPENDITURE
FOR THE YEAR ENDED JUNE 30, 2020**

	Note	2020 -----Rupees-----	2019 -----
INCOME			
Clinical income	13	71,925,997	63,990,905
Donations	14	5,450,582	6,192,448
Income recognized from restricted funds		120,062,575	73,395,701
Transfers from deferred government grant	11	6,584,892	3,355,856
Other income	15	2,136,874	2,312,701
		206,160,920	149,247,611
EXPENDITURES			
Clinical expenses	16	181,830,448	155,518,611
Administrative expenses	17	21,104,315	17,494,441
Finance cost		127,594	122,790
		203,062,357	173,135,842
Net Surplus / (Deficit) for the year		3,098,563	(23,888,231)

The annexed notes 1 to 24 form an integral part of these financial statements.



CHIEF EXECUTIVE OFFICER



DIRECTOR

Financial Highlights

**THE DIABETES CENTRE - TDC
STATEMENT OF OTHER COMPREHENSIVE INCOME
FOR THE YEAR ENDED JUNE 30, 2020**

	2020	2019
	-----Rupees-----	
Total surplus for the year	3,098,563	(23,888,231)
Other comprehensive income for the year	-	-
Total comprehensive income for the year	<u>3,098,563</u>	<u>(23,888,231)</u>

The annexed notes 1 to 24 form an integral part of these financial statements.



CHIEF EXECUTIVE OFFICER



DIRECTOR

Financial Highlights

**THE DIABETES CENTRE - TDC
STATEMENT OF CHANGES IN FUNDS
FOR THE YEAR ENDED JUNE 30, 2020**

	Accumulated surplus fund	Restricted Fund- Zakat	Restricted Fund- Building	Total
	-----Rupees-----			
Balance as at July 1, 2018 restated	87,624,252	39,601,900	230,334,129	357,560,281
Deficit for the year	(23,888,231)	-	-	(23,888,231)
Donations received	-	74,972,049	24,769,793	99,741,842
Income recognised during the year	-	(61,508,103)	(11,887,598)	(73,395,701)
Balance as at June 30, 2019	<u>63,736,021</u>	<u>53,065,846</u>	<u>243,216,324</u>	<u>360,018,191</u>
Surplus for the year	3,098,563	-	-	3,098,563
Donations received	-	54,965,484	21,802,327	76,767,811
Income recognised during the year	-	(108,031,330)	(12,031,245)	(120,062,575)
Balance as at June 30, 2020	<u>66,834,584</u>	<u>-</u>	<u>252,987,406</u>	<u>319,821,990</u>

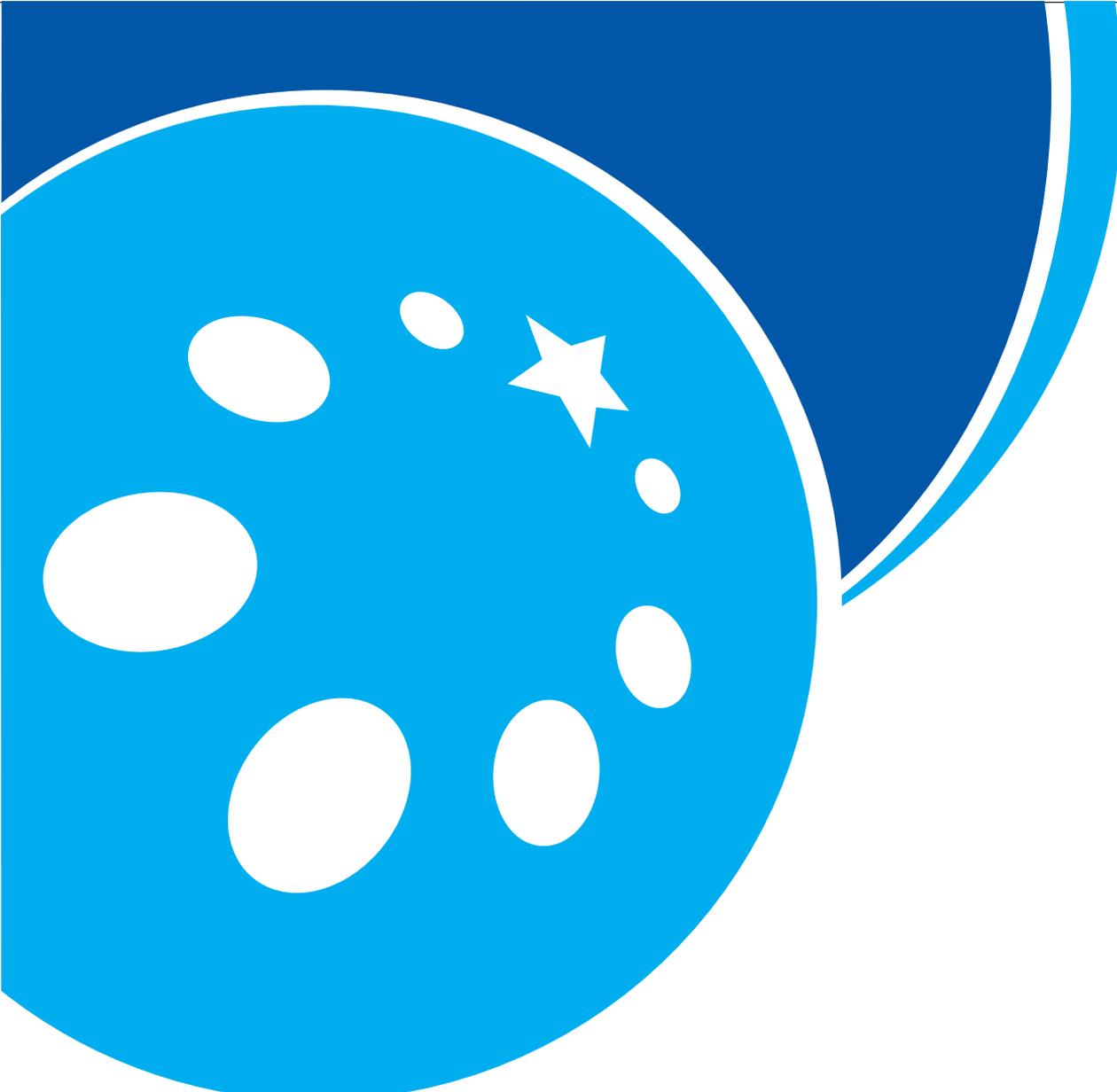
The annexed notes 1 to 24 form an integral part of these financial statements.



CHIEF EXECUTIVE OFFICER



DIRECTOR



UAN: (051) 111 111 832

The Diabetes Centre

📍 Phulgran Stop, Near Toll Plaza,
Murree Expressway, Islamabad.
☎ 051-4481100

G-8 Clinic

📍 Crescent Arcade, G-8
Markaz, Islamabad.
☎ 051-2266130

Lahore Clinic

📍 19 Kamran Block, Wahdat Road,
Allama Iqbal Town, Lahore.
☎ 042-35411133-34



www.tdc.com.pk



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