



# Building Momentum

## ANNUAL REPORT 2014



The Diabetes Centre is a state-of-the-art multidisciplinary centre that provides comprehensive and compassionate care to those suffering from diabetes.

### **PAKISTAN**

The Diabetes Centre, Inc. is registered with Securities and Exchange Commission of Pakistan as a not-for-profit organisation under Section 42 of Companies Ordinance 1984.

### **UNITED ARAB EMIRATES**

The Diabetes Centre is an approved UAE-Red Crescent Project, number: 1435

### **UNITED KINGDOM**

The Diabetes Centre is a registered charity with Charity Commission of England & Wales with registration number: 1151904

### **UNITED STATES OF AMERICA**

The Diabetes Centre is a registered not-for-profit corporation in the State of Florida, USA, file number: N12000010455



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[www.TheDiabetesCentre.com](http://www.TheDiabetesCentre.com)





# Chairman's Message

“While we have made tremendous progress in 2014, we need to work even harder in 2015 to achieve our vision.”

Friends,

The past year was filled with activities towards fulfilling our mission. The Diabetes Centre (TDC) team started a Diabetes Clinic offering quality treatment to Diabetics, begun construction of its Centre, had multiple Diabetes Education and Awareness activities, and continued to raise funds. These pages will highlight our activities along with our financials at the year's end.

Our journey is long and our mission is larger than anyone of us can achieve individually. But as an organisation, we are more than the sum of its parts. We have come together to improve patient care, increase Health Literacy and awareness about Diabetes, and develop capacity in healthcare sector for Diabetes management. By delivering quality clinical services that result in improved patient outcomes, we are already positively impacting the narrative of Diabetes management in Pakistan. We are certain that through the mercy of The Most Merciful, we will achieve success.

We have just begun.

With enthusiasm,  
Dr. Asjad Hameed

# Construction Update

The construction of our flagship hospital covering an area of 72,000 sq. ft. on the Murree-Islamabad expressway, began in March 2014 and its completion expected within 2 years.



مری انکچرس و سیکلگراں میں وفاقی وزیر پٹرولیم شاہد خاگان عباسی نے نیشنل سنٹر کا افتتاح کر رہے ہیں

On Saturday, April 26th, Mr. Shahid Khaqan Abbasi, Federal Minister of Petroleum & Natural Resources, laid down the foundation stone for the construction of The Diabetes Centre. The hospital will serve as a “National Centre of Excellence” and will provide care to all diabetics who walk in through its doors. It is planned to have 30 inpatient beds and will offer state-of-the-art technology and facilities to treat the diabetes patients on welfare basis.

More than 300 people attended the event and presentations were made by Dr. Asjad Hameed (TDC Chairman), Mr. Rizwan Aslam (TDC Chief Executive Officer), and other members of TDC team to highlight the epidemic of Diabetes in Pakistan and how TDC is making a concerted effort to deal with it. One in ten Pakistanis suffers from Diabetes.



Mrs. Shaheen Khan, Executive Director of Allied Engineering Consultants (Pvt.) Ltd., presented the key features of the design of The Diabetes Centre. The design of TDC creates an innovative clinical environment, uses energy saving methods and sustainable materials and allows for the delivery of a patient-centered care. The design also allows for future expansion.



The event organizers extended their felicitation and heartfelt gratitude to the dynamic community of supporters, donors, and well wishers. They also thanked all those who contributed to make the event a success.

Sine then, the construction of the hospital has proceeded at a phenomenal pace under the direction of Haji Mohammed Aslam Pervez. The foundations were laid in March and April and construction of the lower and upper ground floors was completed in a record time. Construction of the other floors is to be completed in 2015.



# Clinic Update

In February 2014, TDC opened an interim clinic on 3 canal land adjacent to the main hospital. The clinic has 2 consultation rooms, laboratory, pharmacy, and a general room for education. The clinic was constructed using prefabricated containers. The outpatient pharmacy received its license from the District Health Officer of the Islamabad Capital Territory.

Number of Registered Patients

**818**

Self Paid

**221**

Treated for Free

**597**

Total Patient Visits  
(including follow up)

**2180**

## Clinic Doctors

### Dr. Nasreen Naveed (Specialist Diabetologist)

Dr. Nasreen Naveed got her MBBS degree from Punjab Medical College, Faisalabad in 1997. She did her House Job the following year in Medicine at Allied Hospital, and in Gynecology & Obstetrics at District HQ Hospital, both in Faisalabad. She then moved to United Kingdom and did diploma courses in “Child Health & Development” and “Counseling”, from Telford College, Edinburgh, United Kingdom, in 2003. Subsequently, she worked as a bi-lingual Health Care Assistant with Positive Parenting for Ethnic Minorities, a project in Edinburgh of National Health Services, United Kingdom. She completed her post-graduate diploma in Diabetes from Leicester University in April 2014. Dr. Nasreen started working at The Diabetes Centre (TDC) in February 2014. She is a staunch advocate for diabetes awareness and education of general public, specially children, and has been instrumental in initiating TDC’s pilot Diabetes Awareness and Education program in Islamabad schools. Dr. Nasreen is happily married and lives in Islamabad with her family.



### Dr. Muhammad Umar Wahab (Specialist Diabetologist)

Dr. Umar Wahab got his MBBS degree from Khyber Medical College, Peshawar, in 2005. He did his House Job the following year in Medicine at Khyber Teaching Hospital, and in Surgery at prestigious Lady Reading Hospital, both in Peshawar. He then worked as a Medical Officer in a Surgical ward and clinic with Professor Dr. Abdus Samad Khan for a year and worked at the same time as a private General Practitioner. Later he served as an HIV Coordinator in a collaborative project of



UNICEF and Center of Excellence for Rural Development (CERD) in Pakistan. Dr. Umar subsequently worked for two years as a General Practitioner in a general hospital of Ministry of Health, Saudi Arabia. He returned to Pakistan in July 2012 and, after a year and a half of General Practice, joined The Diabetes Centre in February of 2014. He has recently completed his post-graduate diploma in Diabetes from Leicester University, UK, and is also certified in Basic Life Support (BLS) from American Heart Association. He has a strong volunteer spirit and has worked in organizing many community projects and free medical camps. He also made substantial contributions during the 2005 earthquake in Pakistan. Dr. Umar has deep interest in ways to improve healthcare systems and services in developing countries. He is happily married and lives in Peshawar with his family.



## Visiting Doctors

Every Friday 12 noon to 3 pm

**Dr. Shaista Naseem**  
(Consultant Diabetologist)

Every Saturday 9am to 1:30 pm

**Dr. Abdul Jabbar**  
(Pediatrician)

April 25, 2014  
September 5,6, 2014  
November 14, 15, 2014

**Dr. Asjad Hameed**  
(Endocrinologist)



03, 04, and 05 December 2014

**Dr Shoaib Khan**  
(General Physician)



30 December 2014

**Dr. Sajid Rana**  
(ENT Consultant)



# mHealth

In October 2014, TDC started using the **FrontlineSMS** software for sending text messages to engage its patients. The result has been better patient compliance to treatment and show up for appointments.

October 29, 2014 **“The Diabetes Centre (TDC) Islamabad is a speciality clinic providing free treatment to deserving sugar patients. For appointment/donations, contact 0334-5228819”.**

Sent to 178 TDC members and 438 patients

November 12, 2014 **“The Diabetes Centre is arranging Diabetes Awareness Walk on the occasion of World Diabetes Day November 14, 2014 at FAST National University Islamabad at 10 am”.**

Sent to 455 patients

November 13, 2014 **“Dr. Asjad Hameed Consultant Endocrinologist from Abu Dhabi is visiting The Diabetes Centre on 14 & 15 November 2014 and will check patients. Call 051-2513392”.**

Sent to 455 patients

December 01, 2014 **“Dr. Shoaib Khan General Physician from Abu Dhabi will check patients in The Diabetes Centre on December 3, 4 and 5. For appointment call 051-2513392”.**

Sent to 471 patients

December 08, 2014

**(i) “Exercise regularly, eat healthy, reduce stress and drink plenty of water for a healthy diabetic life”.**

A public awareness message by The Diabetes Centre.

**(ii) “Always take your medicine in time to manage your diabetes well”.**

A public awareness message by The Diabetes Centre.

Sent to 471 patients

December 09, 2014

**“30 minutes regular walk per day helps in better control of your diabetes”.**

A public awareness message by The Diabetes Centre.

Sent to 471 patients

December 11, 2014

**“The diabetes centre is arranging free sugar and cholesterol screening camp on the occasion of Universal Health Coverage Day 12-12-14”.**

Sent to 471 patients

December 17, 2014

**“Always take your medicine on time to manage your diabetes well”.**

A public awareness message by The Diabetes Centre.

Sent to 509 patients

December 11 & 19, 2014

**“Dr. Abdul Jabbar (Child Specialist) will check children in The Diabetes Centre every Saturday from 9 am to 1 pm. For appointment call 051-2513392”.**

Sent to 548 patients



# Diabetes Awareness

Diabetes Education & Awareness is one of the prime goals of TDC. We organised many activities in the UAE and Pakistan towards this goal in 2014.

January 16, 2014 **Annual Community BBQ**  
Airport Park, Abu Dhabi, UAE  
Attendees: ~200

April 26, 2014 **Diabetes Clinic Inauguration and Foundation Laying Ceremony of The Diabetes Centre**  
Phulgaran, Islamabad, Pakistan

Mr. Shahid Khaqan Abbasi, Federal Minister of Petroleum and Natural Resources, attended as chief guest. Ms. Saira Afzal Tarar, Minister of State for National Health Services Regulation and Coordination, was also present.

More than 300 people attended the event. Dr. Asjad Hameed (TDC Chairman), Mr. Rizwan Aslam (TDC Chief Executive Officer), and other members of TDC team highlighted the epidemic of Diabetes in Pakistan and how TDC is making a concerted effort to deal with it. One in ten Pakistanis suffers from Diabetes.

June 20, 2014 **Diabetes Awareness & Update of The Diabetes Centre Project**

Sheraton Corniche, Abu Dhabi, UAE.

His Excellency, Mr. Asif Durrani, Ambassador of the Islamic Republic of Pakistan to the UAE, attended as chief guest.



July 12, 2014

**Diabetes Awareness & Update of The Diabetes Centre Project**

Grand Midwest Tower (Hotel), Media City, Dubai, UAE

Honored by Mr. Younus Lakhani, of Lakhani Builders, as chief guest.



November 7, 2014

### **World Diabetes Day Walk**

Yas Marina Circuit, Abu Dhabi, UAE

More than 21,000 people joined forces to take a combined 150 million steps at WALK 2014, which took place at Yas Marina Circuit on Friday in support of diabetes awareness — the largest turnout in the event's eight-year history.

Under the patronage of Her Highness Shaikha Fatima Bint Mubarak, Chairperson of the General Women's Union and Supreme Chairperson of the Family Development Foundation, Walk 2014 was organised by Imperial College London Diabetes Centre (ICLDC). This year also saw The Diabetes Centre team and Pakistani community join in, helping to stir interest among the community across the UAE to walk the 5.5km F1 circuit and help raise awareness of a healthy lifestyle, the key to diabetes prevention.



November 14, 2014



### **World Diabetes Day Walk** FAST-NU, Islamabad, Pakistan

TDC in collaboration with Foundation for Advancement of Science and Technology (FAST) - National University (NU) of Computer and Emerging Sciences, Islamabad arranged a diabetes awareness walk on the World Diabetes



Day at the FAST-NU campus. The faculty members of the FAST-NU, students, the management and clinical teams of TDC and many other distinguished guests participated in the event.

On this occasion, a free sugar, BMI and blood pressure screening camp was organized where more than 108 students were screened and counselled for healthy eating habits and exercise.

Later, a Diabetes Awareness Seminar was held in the auditorium of the university. Justice Ret. Mian Muhammad Ajmal was the chief guest. Speaking to the students and the participants, Dr. Arshad Ali Shahid, Professor and Director of FAST-NU Islamabad, welcomed TDC team and thanked for the Diabetes Awareness at FAST-NU Campus. Dr. Asjad Hameed, Chairman of TDC highlighted the mission and goals of TDC. Dr. Imran Mirza, Member, Board of Directors, delivered a very thought provoking speech on diabetes and its related problems. He stated that diabetes must be managed in time to prevent complications and to live a healthy active life. At the conclusion souvenirs were exchanged between FAST and TDC managements. Dr. Asjad presented a shield to Dr. Arshad Ali Shahid in recognition of his contributions towards making World Diabetes Day at FAST-NU a success.

Finally, TDC team, faculty members and students of FAST-NU and the distinguished guests participated in the awareness walk which was held on the premises of FAST-NU Islamabad. White and blue balloons were released at the conclusion of the walk to symbolise conquest of the Diabetes epidemic.



December 12, 2014

## Universal Health Coverage Day

Diabetes Clinic, Islamabad, Pakistan



Following the Global Health and Foreign Policy resolution adopted by the United Nations General Assembly in its 67th Session in 2012, TDC joined the 500+ organisations worldwide in solidarity to celebrate the first-ever Universal Health Coverage Day. Universal Health Coverage means that every person, everywhere, has access to health care without financial hardship. TDC provides care to all patients irrespective of their ability to pay.

TDC celebrated the day with free diabetes screening of patients and visitors at the Diabetes Clinic as well as Facebook and Twitter postings by the organisation and its members.



# Web & Social Media

TDC had a significant increase in hits on its webpage and growth in its following on Social Media in 2014.



Website Unique Visitors

**11,674**

32% more than 2013

Number of Visits

**18,293**

TDC Webpages Viewed

**344,149**



Facebook Following/Likes

**16,111**

1600% more than 2013

# TDC in the NEWS

TDC had a good coverage throughout the year in local and international media. Following are some selected highlights.

## TheNational UAE



The Diabetes Centre in Islamabad will offer free treatment to diabetes patients, as well as provide preventive education. Ravindrakth K / The National

### TDC, FAST-NU arrange diabetic awareness walk to mark World Diabetic Day

**STAFF REPORTER**  
**ISLAMABAD**—The Diabetes Centre (TDC) in collaboration with FAST-NU Islamabad arranged a diabetic awareness walk with banner on Friday to mark World Diabetic Day. The event was held at the premises of FAST-NU Islamabad. Management of TDC and FAST-NU officials were present to inaugurate the event. The event was attended by a large number of guests who participated in the event.



Dr Asjad Hameed, Chairman TDC and Dr Arshad Ali Shabbir, Director FAST-NU Islamabad campus lead the diabetic awareness walk.

### Pakistanis in UAE unite to build Dh35m diabetes hospital

Amna Ehtesham Khaishgi

December 3, 2014 Updated: December 3, 2014 07:31 PM



TDC featured in The National, UAE.

### UAE-based Pakistanis to build charity hospital

**ISLAMABAD (DNP)**—The UAE-based Pakistanis doctors, engineers and well-to-do people have launched construction of a charity hospital in Islamabad exclusively for the diabetes patients where poor patients will get free advice and medicines. The Diabetes Teaching Centre is being built on the Islamabad Express Highway on a 15-acre plot with a cost of 25 million UAE Dirhams. The construction of the hospital would be completed next year. Media Coordinator for the project Engr Shahabuddin Shahab said in Islamabad on Sunday. He said that Pakistanis based in United Arab Emirates (UAE) have made contributions for the construction of the hospital. A local Pakistani has gifted land free of cost. The idea to set up the charity hospital for sugar patients in Pakistan had been floated by Dr Asjad Hameed, a Pakistani national, who is currently a Consultant Endocrinologist at Imperial College London Diabetes Center in UAE.



Geo Reports TDC Iftar and Diabetes Awareness Event in Dubai

# Financial Highlights

TDC audited finances till June 30, 2014 are shown below.



**J.A.S.B. & Associates**  
Chartered Accountants

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G-6/4,  
Islamabad.  
Phone: +92-51-2831322-23  
Fax: +92-51-2831124  
E-mail: contact@jasb-associates.com  
Other Location: Karachi

## AUDITORS' REPORT TO THE MEMBERS OF COMPANY

We have audited the annexed balance sheet of "The Diabetes Centre" ("the Company") as at 30 June 2014 and the related income and expenditure account and statement of cash flows together with the notes forming part thereof, for the year then ended and we state that we have obtained all the information and explanations which, to the best of our knowledge and belief, were necessary for the purposes of our audit.

It is the responsibility of the Company's management to establish and maintain a system of internal control, and prepare and present the above said statements in conformity with the approved accounting standards and the requirements of the Companies Ordinance, 1984. Our responsibility is to express an opinion on these statements based on our audit.

We conducted our audit in accordance with the auditing standards as applicable in Pakistan. These standards require that we plan and perform the audit to obtain reasonable assurance about whether the above said statements are free of any material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the above said statements. An audit also includes assessing the accounting policies and significant estimates made by management, as well as, evaluating the overall presentation of the financial statements. We believe that our audit provides a reasonable basis for our opinion and, after due verification, we report that:

- (a) In our opinion, proper books of account have been kept by the Company as required by the Companies Ordinance, 1984;
- (b) in our opinion-
  - i. the balance sheet and income and expenditure account and statement of cash flows together with the notes thereon have been drawn up in conformity with the Companies Ordinance, 1984 and are in agreement with the books of account and are further in accordance with accounting policies consistently applied;
  - ii. the expenditure incurred during the year was for the purpose of the Company's business; and
  - iii. the business conducted, investments made and the expenditure incurred during the year were in accordance with the objects of the Company.

*jaw*



- (c) In our opinion and to the best of our information and according to the explanations given to us, the balance sheet, income and expenditure account and statement of cash flows together with the notes forming part thereof conform with the approved accounting standards as applicable in Pakistan, and give the information required by the Companies Ordinance, 1984, in the manner so required and respectively give a true and fair view of the state of the Company's affairs as at 30 June 2014 and of the surplus for the year then ended; and
- (d) In our opinion, no Zakat was deductible at source under the Zakat and Ushr Ordinance, 1980 (XVIII of 1980). *f. out*

*J.A.S.B. & Associates  
Chartered Accountants*

**J.A.S.B. & Associates**  
**Chartered accountants**  
**Engagement Partner: Saeed Akhtar Chughtai**

**ISLAMABAD**

**Date:** *Oct 3, 2014*

**THE DIABETES CENTRE**  
**BALANCE SHEET AS AT JUNE 30, 2014**

	NOTE	2014 Rupees	2013 Rupees
<b>ASSETS</b>			
<b>Non - current assets</b>			
Property, plant and equipment	4	17,729,176	7,079,771
Capital work in progress		25,600,373	1,084,400
Security deposit		200,000	200,000
		<b>43,529,549</b>	<b>8,364,171</b>
<b>Current assets</b>			
Cash and Bank balance	5	36,205,714	34,316,461
Advances, Deposits and Other receivables	6	292,412	1,110,127
		<b>36,498,126</b>	<b>35,426,588</b>
<b>TOTAL ASSETS</b>		<b>80,027,675</b>	<b>43,790,759</b>
<b>FUND AND LIABILITIES</b>			
Accumulated Surplus	7	78,840,784	43,499,695
Deferred Income		41,561	124,064
		<b>78,882,345</b>	<b>43,623,759</b>
<b>Current liabilities</b>			
Trade and other payables	8	1,145,330	167,000
<b>TOTAL FUND AND LIABILITIES</b>		<b>80,027,675</b>	<b>43,790,759</b>
<b>Contingencies and commitments</b>	9		

The annexed notes 1 to 14 form an integral part of these financial statements.



CHIEF EXECUTIVE



DIRECTOR

**THE DIABETES CENTRE  
INCOME AND EXPENDITURE  
FOR THE YEAR ENDED JUNE 30, 2014**

	NOTE	2014	2013
<b>INCOME</b>			
Income	10	42,787,782	26,907,177
<b>EXPENDITURES</b>			
Cost of services rendered	11	993,143	-
Administrative expenses	12	5,926,742	3,460,482
Finance cost		96,667	28,275
		<u>7,016,552</u>	<u>3,488,757</u>
<b>Surplus for the Year before Currency Translation Adjustment</b>		<b>35,771,230</b>	<b>23,418,420</b>
Currency Translation Adjustment		(430,141)	-
<b>Surplus for the year</b>		<u><b>35,341,089</b></u>	<u><b>23,418,420</b></u>

The annexed notes 1 to 14 form an integral part of these financial statements.

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CHIEF EXECUTIVE



DIRECTOR

# Board of Directors



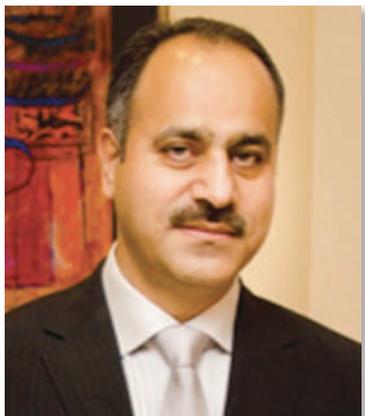
## **Dr. Asjad Hameed**

Obtained his MBBS degree in 1989 from Pakistan and completed his General Medicine Training followed by postgraduate specialist training in Endocrinology and Diabetes in London, United Kingdom. He became a Fellow of Royal College of Physicians of Ireland and gained considerable experience as Consultant Physician in Endocrinology in West Midlands, UK. He has been working at Imperial College London Diabetes Centre, Abu Dhabi, since 2008. His expertise and interests lie in Diabetes Mellitus and other endocrine diseases.



## **Dr. Imran Mirza**

Obtained his medical degree in 1990 from Pakistan. He got his Masters Degree in Microbiology in USA followed by residency training in Pathology. He is a Fellow of the College of American Pathologists, Fellow of American Society for Clinical Pathology, and Fellow of Royal College of Physicians of Canada. He is a Diplomate of the American Board of Pathology in Anatomic and Clinical Pathology, Hematology, and Molecular Genetic Pathology. He was a Consultant and Associate Professor for over 9 years at the University of Alberta Hospitals, Edmonton, Canada. More recently, he has taken the position of Chief of Pathology & Laboratory Medicine Institute at Cleveland Clinic Abu Dhabi.



## **Mr. Tahir Abbasi**

Graduated from Pakistan and moved to Saudi Arabia earlier in his career. He worked as regional manager with a multinational organization, Westinghouse, from 1988 to 2010. Having worked in a vibrant business environment of the Middle East, he gained valuable experience in managing resources, planning developments, assuring quality and meeting challenges. He has been round the globe during the last two decades to widen his scope of management skills, and has deployed efficient target-based project management strategies for medium and large-scale projects. Currently, he is running his own business as industrial solution provider and offers expertise as technical consultant for industrial electrical systems.

# 2014 Officers & Members

## Officers

Mr. Rizwan Aslam  
*Chief Executive Officer*

Mr. Shahrukh Tariq  
*Administration & Operations Incharge*

Mr. Touqeer N. Toor  
*AM Accounts/Board Secretary*

Mr. Obaidullah Farooq,  
*IT and Network Administrator*

## Advisory Board

Mr. Arif Ahmed Khan  
Mr. Abdul Hafeez Nasir  
Dr. Badar Zaman  
Mr. Khurshid Irshad Ratalah  
Mr. Malik Mohammad Shahnaz  
Mr. Mirza Mehdi Hussain  
Mr. Mohammad Dabeer Rasul  
Mr. Mohammad Latif Nadeem  
Mr. Mohammad Shahid Razzaq  
Dr. Talat Mahmood Butt

## Ladies Wing

Mrs. Aliya Hafeez  
Mrs. Farheen Khalid  
Dr. Faizia Kamran  
Dr. Nuzhat Hameed  
Mrs. Riffat Malik

## Founder Members

Mr. Tahir Mahmood Abbasi  
Dr. Asjad Hameed  
Dr. Imran Mirza  
Dr. Nuzhat Hameed  
Mr. Abdul Hafeez Nasir  
Mr. Arif Ahmed Khan  
Mr. Faisal Mushtaq  
Mr. Khawaja Muhammad Suleman  
Mr. Malik Mohammad Shahnaz  
Mr. Mirza Mehdi Hussain  
Mr. Mohammad Latif Nadeem  
Mr. Mushtaq Ahmed Khan  
Mr. Omar Shahaazad Nadeem  
Mr. Shafqat Ali Malik  
Mr. Younas Iqbal Kayani  
Mrs. Rohi Mushtaq

## Members

Ch. Altaf Ahmed  
Ch. Muhammad Aslam Pervez  
Ch. Zaheer-ud-din Gujjar  
Dr. Badar Zaman  
Dr. Ehtisham ul Haq  
Dr. Faizia Kamran  
Dr. Khalid Ahmed  
Dr. Muhammad Khan Randhawa  
Dr. Nouman Amir  
Dr. Sohail Rana  
Dr. Talat Mahmood Butt  
Dr. Munir  
Mr. Abdul Hafeez Khan  
Mr. Amer Majeed Sheikh  
Mr. Farhan Ali Khan  
Mr. Farhan Aslam  
Mr. Ghias ur Rehman  
Mr. Iftikhar Ahmed  
Mr. Imran Arain  
Mr. Khurshid Irshad Ratalah  
Mr. Mahmood Moosa  
Mr. Mohammad Anwar  
Mr. Mohammad Dabeer Rasul  
Mr. Muhammad Dawood Khan  
Mr. Muhammad Rashid  
Mr. Muhammad Shahid Razzaq  
Mr. Murad Ali  
Mr. Naveed Hameed  
Mr. Omer Akbar  
Mr. Rizwan Aslam  
Mr. Saqib Daud Chaudhry  
Mr. Sergiy Semenyako  
Mr. Shahzaib Khalid Khawaja  
Mr. Syed Ghulam Mustafa  
Mr. Tahir Naveed  
Mr. Tameezuddin Ansari  
Mr. Usman Anwar  
Mrs. Aliya Hafeez  
Mrs. Ishrat Yasmin Pervez  
Mrs. Samina Masood  
Mrs. Shehnaz Tariq Anwar



**Better Health for  
A Brighter Future**