



### Message from the Founder

The Diabetes Centre (TDC) was founded with a singular mission: to serve humanity by providing dedicated, world-class treatment for one of the most pressing health concerns of our time. As Chairman, I take immense pride in the progress we have made in a relatively short span of time—treating hundreds of thousands of patients, saving countless lives, and preventing complications that once seemed unavoidable.

Yet, our achievements must not lead us to complacency. Diabetes continues to grow at an alarming pace in Pakistan, demanding an even greater response from all of us—healthcare providers, philanthropists, policy-makers, and civil society. TDC has proven that with vision, integrity, and collective will, we can create institutions that match international standards while remaining deeply rooted in compassion and accessibility. I call upon all individuals and organizations of conscience to join us in this noble mission, so that together we may build a healthier, stronger Pakistan



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The Diabetes Centre continued to advance its mission through clinical outreach, institutional partnerships, staff engagement, academic collaboration and community fundraising during the first quarter of 2024. These activities reflect TDC's commitment to accessible, compassionate and specialist diabetes care for communities across Pakistan.

### Building Hope in Sahiwal

Healthcare for tomorrow starts today as TDC begins construction of its new hospital in Sahiwal, bringing world-class diabetes care closer to South Punjab.



*TDC Sahiwal Hospital construction and site visit.*

### Fostering Collaborative Relations

TDC welcomed a high-profile medical delegation, comprising Prof. Dr. Muhammad Umar, Vice Chancellor of Rawalpindi Medical University, Dr. Bushra Khaar, creating an opportunity to exchange ideas, strengthen institutional relationships and explore future collaboration in diabetes care and medical education.



*Medical delegation visits and collaborative engagement at TDC.*

### Partnership for Better Care

TDC signed an MoU with Askari General Insurance to support affordable diabetes care for insured patients, strengthening access to specialist services through institutional partnership.



*MoU with Askari General Insurance for affordable diabetes care.*

### **Empowering Children for Better Health**

TDC organised free Type-1 diabetes screening camps in Islamabad government schools, identifying early signs of disease and educating children on healthy living. The initiative supports TDC's pledge to run 25 school camps and provide free insulin to every child living with Type-1 diabetes. These initiatives reflect TDC's mission to build a healthier future through early intervention and community empowerment.

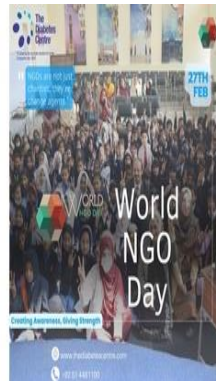




*School screening camps for Type-1 diabetes awareness and early intervention.*

### **Raising Awareness and Preventing Complications**

TDC continued to highlight the hidden burden of diabetes and the struggles faced by diabetic foot patients. The Centre reaffirmed its commitment to awareness, prevention of complications and accessible care for every person living with diabetes.



*Awareness activities highlighting diabetes prevention and complication care.*

### **Promoting Health and Team Spirit**

TDC's Sports Gala Week brought staff together through cricket, football, badminton and team challenges, promoting workplace wellbeing, morale and a shared spirit of service.



*TDC Sports Gala Week: team-building, wellbeing and staff engagement.*

### **Academic Partnerships**

TDC hosted a distinguished delegation led by Prof. Mohammad Iqbal Khan, Prof. Dr Zafar Mirza and Maj Gen (R) Prof. Dr Muhammad Aslam. The visit reinforced commitments to joint research, academic exchange and clinical training.





*Academic delegation visits to strengthen research, training and clinical collaboration.*

### **Innovation in Healthcare**

An MoU was signed with NUMS to collaborate on research, clinical trials and capacity building, supporting the development of future healthcare leaders and strengthening TDC's academic role.



*MoU with NUMS for research, clinical trials and capacity building.*

### **Promoting Health at Corporate Offices**

A free screening camp was organised at Jazz HQ, enabling employees to benefit from early diagnosis, preventive counselling and practical guidance for healthier living.

### **Fundraising for a Healthier Future**

In March 2024, The Diabetes Centre organised a series of fundraising and awareness events in Brisbane, Islamabad, Wollongong and Manchester, uniting communities across Pakistan, Australia and the UK. From gala dinners and iftar gatherings to community health programmes, these events raised support for the upcoming TDC Sahiwal Hospital while spreading vital awareness about diabetes prevention and care. Distinguished guests, medical experts and community leaders joined hands with TDC, reaffirming their shared commitment to ensure that no deserving patient is left untreated.



*Diabetes screening and health awareness camp at Jazz HQ.*

### **Building a Healthier Future: Supporting Young Lives**

The Diabetes Centre organised a free Type-1 diabetes screening camp at the Federal Directorate of Education, reinforcing its commitment to early diagnosis, prevention and care for children.





*Fundraising and awareness events across Pakistan, Australia and the UK in support of TDC Sahiwal Hospital.*