Statics:

Save patients from Amputation:
Total patients treated do far:
Free test performed:
Foot surgeries performed:
Orthotics given to patients to prevent from complications:
Dialysis performed:
Free of cost Medicine given to Patients:
Ophthalmology treatment done:

Clinic of foreign qualified and experienced doctors
Dr. Israr and Dr. Saima

New Staff joined:

A public awareness program is carried out at the motorway toll plaza and at the F-10 signal in Islamabad with ITP & Motorway police:

To promote safe travel and diabetes prevention, The Diabetes Centre Islamabad organized a two-day activity with motorway police to distribute "dua-e-safar" to those going to Murree and Islamabad. The motorway police, Islamabad traffic police and the diabetes centre team educate the travelers about diabetes prevention and treatment at the right time.
Mr. Arshad Ali Waraich (SSP Adyala jail) and Dr. Asif visited The Diabetes Centre Islamabad. During their visit to TDC, they discussed the treatment provided by TDC for diabetes and its complications and appreciated the excellent standard maintained.

There are thousands of people supporting diabetes centre deserving patients through their charity. From top to bottom, TDC is supported by your donations. Employees and management encourage people to visit the diabetes centre and acknowledge on their official forums. This month, we have had many people who were impressed by TDC’s service for patients without any complaints.

1) Team Meethi Zindagi visited The Diabetes Centre.
2) Dr. Faheem owner of Spring north hospital visited TDC
3) Dr. Asif Maqsood, chairman of community advisory group, founder and president of Rawalian visited the diabetes centre, during the visit he said, “I appreciate the way TDC is managing patients and their treatment.
4) Mr. Ali Nawaz Awan (MNA & Special Assistant to PM) paid a special visit to The Diabetes Centre Islamabad.

Tigermed country head also visited TDC and appreciated the arrangements and conformity to standards for clinical trials. Additionally, he informed that Tigermed intends to conduct a phase II clinical trial at TDC due approval from DRAP.

Dr. Dewan Talha Ashfaq from Rehman Medical Institute (RMI) Visted TDC

PharmEvo representatives visited TDC to support deserving patients

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**TDC Conducts Awareness Session at SZABIST**

Did you know that diabetes is now a high incidence disease even in the US and other parts of the world where every third person, irrespective of being adult or a kid, is suffering from this disorder. Awareness about Diabetes is more important than ever.

According to the Centers for Disease Control and Prevention (CDC), there are 34.2 million diabetics in the United States, or 10.5% of the population. Approximately 463 million adults worldwide have diabetes (Ref: IDF). The Diabetes Center began awareness campaign in universities after seeing the facts and started motivating students to make lifestyle changes. Our expert Podiatrist, Mr. Kamran Saleem Awan spoke to the students at SZABIST about an early age diagnosis in foot complications due to Diabetes and the importance of podiatry. In addition, Dr. Nasreen Naveed and Dr. Husnian also educated the students to safeguard and improve their health. The purpose of such campaigns in universities is to provide essential information about pre-diabetes, type 2 diabetes prevention, diabetes complications and diabetes management.

**Surveillance Audits of ISO of TDC, Islamabad**

The Diabetes Centre Islamabad ISO surveillance audit of TDC, Islamabad was conducted by URS. The purpose of this audit was to focus on maintaining the ISO (International Organization for Standardization) standards in The Diabetes Centre. The certification body sent their team to the TDC to determine if the management system really works. The Audit was conducted successfully and the auditor was satisfied with the standards.
The Diabetes Centre conducted an activity at Abasyn University Islamabad to promote the “TDC Obesity Clinic” by distributing discount cards for students and their families. The purpose of this activity for young students was to improve the understanding of obesity, its related root causes and the actions needed to address them.

M. Mufti Tayyab conducted a one-day training session in which he explained the importance of zakat to employees and explained why it is important for Muslims. In his session, he said Zakat is one of the five pillars of Islam. Its importance can be realized from the fact that in 82 verses of the Qur’an, Zakat is associated with prayer (Salah), such as: “Establish regular prayer and give Zakat; and obey Allah and His messenger. Quran (33:33).” Muslims can purify their wealth by giving money as Zakat. He narrated that Muslims see wealth as ultimately belonging to Allah, and giving Zakat helps to make people more equal. Helping one another is also seen as helping Allah. By not being greedy, Zakat donations purify the souls of Muslims.

The Diabetes Centre organized a Disaster Preparedness training which was a mock drill on fire fighting. In this training, rescue operations, evacuation of victims, and usage of equipment in an emergency were demonstrated by the quality department. Firefighting and cooling operations were carried out during the Mock Drill for about 45 minutes in order to assess readiness to handle such an emergency.

The Diabetes Centre & Islamabad Traffic Police jointly carried out an activity and distributed DUA E SAFAR car hangings at F-10 Markaz and different traffic Signals of Islamabad.