

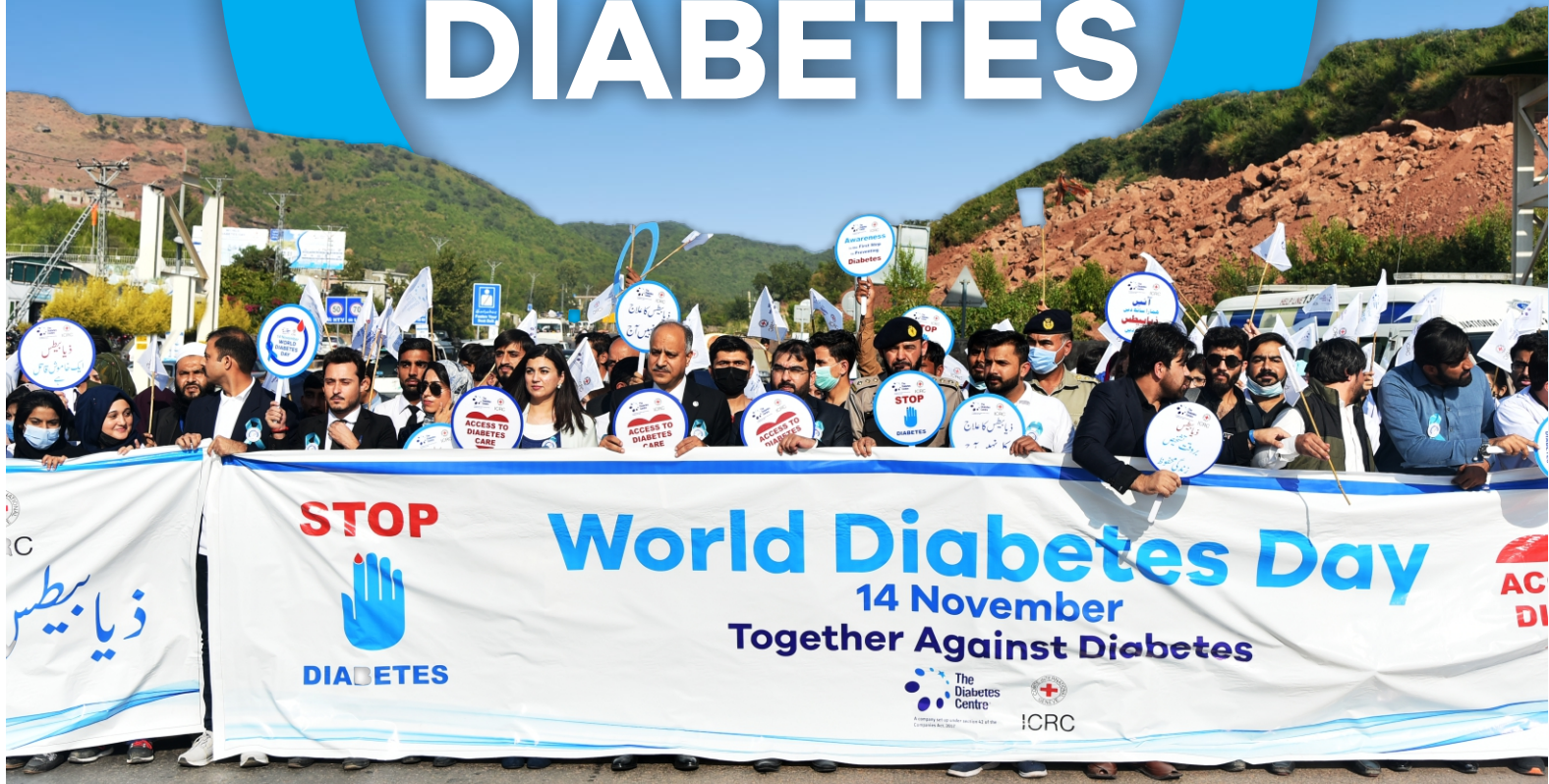
December
2021
Edition

TDC GAZETTE

Monthly Newsletter of The Diabetes Centre



MOVING FORWARD AGAINST DIABETES



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TDC Celebrates World Diabetes Day, 2021



Group Photo of Chief Guest, Mr. Shahid Khaqan Abbasi, CEO TDC and TDC Staff.

Diabetes and its complications cause thousands of deaths every year. According to the International Diabetes Federation, diabetes caused around 6.7 million deaths globally in 2021.

The Diabetes Centre – TDC organized World Diabetes Day awareness campaign in the month of November 2021 to promote and spread awareness about the fatal disease.

World Diabetes Day is an official United Nations Day celebrated annually globally on November 14th, marking the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922.

The campaign activities at TDC included an awareness walk, puppet show, screening camp, magic show, quiz competition, and several awareness programs broadcasted on different television channels in accordance with World Diabetes Day 2021. The main objective of these activities was to promote and advocate fitness and well-being among citizens of Pakistan, as a sedentary lifestyle leading to obesity along with lack of physical or psychological care are major cause of diabetes in Pakistan.

World Diabetes Day is the largest diabetes awareness campaign around the world reaching a global audience of over 1 billion people in more than 160 countries. The campaign draws attention to issues of paramount importance concerning diabetes and brings diabetes education & awareness in the public and political spotlight.



Chief Guest, Mr. Shahid Khaqan Abbasi addressing the audience of World Diabetes Day Celebrations.



CEO TDC, Mr. Tahir M. Abbasi addressing about burden of diabetes in Pakistan.

TDC conducted a training session for Diabetic Foot Care at Muzaffarabad



The Diabetes Centre and The International Committee of the Red Cross signed an MOU to support to Diabetes management Program in Muzaffarabad. Under this program The Diabetes Centre conduct capacity building training sessions for CMH, AIMS, LHWS, and Lab technicians of District Hospital, additionally the team of The Diabetes Centre aligned the assessment of the referrals hospitals, i-e AIMS (Abbas Institute of Medical Science) and CMH (Combined Military Hospital) along with the establishment and operationalization of the diabetic foot clinics at the both hospitals.



Group photo of TDC and ICRC officials at training session for Diabetic Foot Care at Muzaffarabad

TDC Starts Obesity and Nutrition Clinic

Obesity affects a large swath of the world. It is an epidemic that is getting more serious every day. Nowadays, obesity is a big problem in the society. It is not just a cosmetic concern, but also a risk factor for health issues such as heart disease, diabetes, and high blood pressure. Recently, The Diabetes Centre launched The Obesity Clinic inside the centre to prevent people from this kind of non-communicable disease. It also intends to help people who want to lose their weight and guide them about balanced diet.



Mr. Shahid Khaqan Abbasi cutting ribbon on Inauguration Ceremony of Obesity Clinic



Dr. Sonia Bakhtiar from TDC spreading awareness about diabetes on PTV's morning show "Subah-e-Pakistan"

TDC Pharmacy
Now in G-8 Markaz

TDC Ophthalmology Clinic

For Book Your Appointment, Call 051-4481100

Dr. Wajahat Ali Pirzada
Consultant Ophthalmologist
MBBS (KEMC)
FRCS, Glasgow UK
FRCOphth, UK



CEO TDC Tahir M. Abbasi distributing souvenir shields to the honorable guests on World Diabetes day



ICRC, Ministry of Health, TDC and WHO representatives sharing their views to the audience on World Diabetes Day.



CEO TDC leading Diabetes Awareness Walk.



Magician performing in World Diabetes Day celebration.



Puppet Show conducted by PNCA at World Diabetes Day.

DRAP granted Clinical Trials approval to TDC for Clinical Trials and Research

The Drug Regulatory Authority of Pakistan recently granted the license of *Clinical Trials and Research for Phase III and Phase IV Clinical Trials* to be held at The Diabetes Centre. Important matters related to safety, quality, efficacy, handling and use of investigational products in clinical trials will be regulated at TDC Islamabad. The Clinical Studies Committee (CSC) of DRAP approved the application in pursuance to the recommendation of inspection panel, making TDC a part of selected elite panel of research centres in Pakistan

The purpose of establishing this centre at TDC is to provide latest medical solutions based on research to patients suffering from diabetes and its complications.



Group photo with DRAP officials


Published by Marketing and Communication Department
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